



and Thorowgood
g shoes, 1860-1865

Despite the discovery of vulcanization in 1839 most serious running shoes were still made of leather in the middle of the 19th century. This pair is thought to be the oldest extant running shoes and features leather uppers and small heels similar to men's dress shoes of the period. The spikes on the soles, however, give them away as running shoes. The other unusual detail is the supporting broad band of leather across the instep.

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