

# ROAD RUNNERS CLUB NEWSLETTER



The 1969 Maxol Marathon, from left to right—Yosh Unetani, Jim Alder, Ron Grove, Jim Hogan, Dave Holt, Derek Clayton, Jurgen Busch, Don McGregor, Bill Adcocks, Ron Hill, Kenji Kimihara.

*Sports Illustrated photo by Gerry Cranham, Time Inc.*



# The Maxol International Marathon

incorporating the 1970 R.R.C. marathon championship

on **SUNDAY, 23rd AUGUST, 1970**

Starting from the **CITY HALL, MANCHESTER** at 10 a.m.

Finishing at the **Manchester United Football Stadium, Old Trafford**

SPONSORED BY **W. H. DEAN & SON LTD. OF MANCHESTER**  
(Under I.A.A.F. Rules)

## AWARDS

The Maxol Perpetual Trophy and Replica to the winner and other awards.

R.R.C. Awards:—

The "Rex Cross" Silver Salver and a gold medal to winner of the RRC championship.

Plaques to the next five to finish.

The "Linda Wood" Georgian Silver Cup (a perpetual trophy) to the winning team.

Medal to each scoring member of the first three teams. Club Team race—6 to run, 3 to score.

Time standard medal for 2 hours 40 minutes (excluding winners of plaques).

Certificates to all finishing within the time limit of 3 hours 30 minutes

A.A.A. Standards—Grade 1, 2 hours 35 minutes. Grade 2, 2 hours 45 minutes. Grade 3, 3 hours.

R.R.C. Standards—1st class, 2 hours 40 minutes. 2nd class, Veterans 40, 3 hours 10 minutes, and Veterans 50, 3 hours 25 minutes.

Coach travel from London on the Saturday and accommodation will be available free. Please notify Reg Jacobs, 123 Coxtie Green Road, Brentwood, Essex, if you are interested, without delay, to assist the organisers.

Instructions will be published as to how to see the race without following the runners. We must make every effort to keep the roads clear, otherwise the future of the race will be in jeopardy.

We are again fortunate in that Maxol are sponsoring this race in a very generous fashion.

The Maxol-RRC Marathon will be one of the great marathons in the world during 1970.

## Polytechnic Marathon

26 miles 385 yds.

starting by the gracious permission of  
H.M. the Queen from the private  
grounds of **WINDSOR CASTLE**

and finishing at

**CHISWICK STADIUM, W.4**

**13th JUNE, 1970**

at 2.45 p.m.

incorporating

the A.A.A. and Southern Championships

Entries close, with 10/- Fee, 25th May  
to **A. E. H. Winter, 309 Regent Street,  
London, W.1.**

Qualification—Marathon within 3 hrs.  
11 mins or 20 miles within 2 hrs. 11  
mins. during 1967-70, inclusive, or  
comparable performances.

SPONSORED BY **CALLARD AND  
BOWSER LTD.**

"From the Legend to the Living," a  
history of the Poly Marathon 1909-  
1969, price 2/6 from Arthur Winter.

## Plessey (Beeston) Sports & Social Club ATHLETIC AND CYCLING MEETING and

### OPEN 15 MILE ROAD RACE

(Incorporating the Notts. A.A.A. 15 mile  
Championship)

**SATURDAY, 13th JUNE, 1970**

**TRENT VALE ROAD GROUND, BEESTON  
NOTTINGHAM**

under A.A.A., W.A.A.A. and B.C.F. Laws  
Track events 2 p.m. Road Race 3 p.m.

**OPEN 15 MILE ROAD RACE**

**Team Race** (6 to run, 3 to count)

First Team of three Prize value, each £2.10.0

Second Team of three " " " £1.10.0

Third Team of three " " " 15.0

**Open Individual Race**—£10.0.0

Second—£7.10.0 First Veteran—£4.0.0

Third—£5.0.0 First Novice—£2.0.0

First member Plessey (Beeston)—£2.0.0

Nottinghamshire A.A.A. 15 mile Championship—

Championship Medals for the First Three with

County qualifications

Veteran—40 years or over on 13th June, 1970

Novice—Not having won a prize in a race of

3 miles or over

Entries—2/-, Individual, 5/- team

All competitors (including team members) must

make individual entry. Special Entry Form for

15 mile Road Race including Notts., A.A.A.

Championships, available on request.

ENTRIES CLOSE 29th MAY, 1st POST

Entries received after this date will be returned

Entries to the General Secretary, P. (B) S.S.C.

Telephone: Works, Beeston, Notts, NG9 1LA

## THE FOURTH FUKUOKA INTERNATIONAL MARATHON

**NINETEEN SIXTY-NINE** came to a fitting climax with the International marathon at Fukuoka, in southern Japan, on 7th December. This event, the Japanese Open Marathon Championship, included a number of invited world-class competitors from abroad, as in previous years. The race, previously known as the Asahi marathon, was run over the fast out and home course.

On this occasion it was the turn of the recently arrived Jerome Drayton, of Canada, to follow in the footsteps of the previous Commonwealth winners (1966, Mike Ryan, New Zealand, 2-14-4.6; 1967, Derek Clayton, Australia, 2-9-4.6; 1968, Bill Adcocks, Great Britain, 2-10-47.8). Drayton's victory, following his 2-12 marathon in the U.S.A., confirmed his status as a world-class marathon runner, and his progress in 1970 will be watched with considerable interest.

His winning time of 2 hours 11 minutes 12.8 seconds has only been bettered by Clayton and Adcocks.

Ron Hill, although clearly not tuned-up to his best after his triumphs of the past summer, was second in a personal best time of 2 hours 11 minutes 54.4 seconds.

Ken Moore, with a best ever U.S. time, Jeff Julian and Bob Moore all achieved fine performances. The home country supplied the third man to finish, Tanimura, in 2 hours 12 minutes 3.4 seconds, and their all-round strength is such that nine Japanese runners finished inside 2 hours 20 minutes. These did not include Y. Unetani, the 1969 Boston winner and fourth in the Maxol marathon, who finished 29th, or K. Kimihara, the Mexico silver medallist.

	Hrs.	Mins.	Secs.
1. Drayton (Canada) ... ..	2	11	12.8
2. R. Hill (Great Britain) ... ..	2	11	54.4
3. Tanimura (Japan) ... ..	2	12	3.4
4. Garrido (Mexico) ... ..	2	12	52.8
5. Sasaki (Japan) ... ..	2	13	6.4
6. Yoshida (Japan) ... ..	2	13	21.0
7. Moore (U.S.A.) ... ..	2	13	27.8
8. Julian (New Zealand) ... ..	2	14	38.0
9. Fujita (Japan) ... ..	2	15	22.4
10. Kaneyuki (Japan) ... ..	2	15	37.2
11. Moore (Canada) ... ..	2	16	53.6
12. Iwata (Japan) ... ..	2	18	8.0
13. Bedene (Ethiopia) ... ..	2	18	13.6
14. Usami (Japan) ... ..	2	18	33.2
15. Akcay (Turkey) ... ..	2	18	38.0
16. Hiroshima (Japan) ... ..	2	18	50.2
17. Penaloza (Mexico) ... ..	2	19	5.2
18. Futsuhara (Japan) ... ..	2	19	43.4
19. Kobayashi (Japan) ... ..	2	20	21.0
20. Kitayama (Japan) ... ..	2	20	47.7

Drayton's intermediate times were: 5 km. 15-11, 10 km. 30-42, 15 km. 46-12, 20 km. 1-1-45, 25 km. 1-17-0, 30 km. 1-32-29, 35 km. 1-48-3, 40 km. 2-5-1; and Ron Hill's were: 15-17, 31-3, 46-38, 1-2-17, 1-17-39, 1-33-18, 1-49-8, 2-5-1.

### RON HILL'S REPORT

"On Sunday, November 20th, after a 10-mile training run at Feltham with Jim Hogan and Alan Jocelyn, I set out for Japan with Arthur Gold as team manager. We flew via Anchorage in Alaska to Tokyo, stayed a night there, and then travelled on to Fukuoka on the Tuesday. The time changes are a little complicated, but the total outcome was that I missed quite a lot of sleep.



That Tuesday night was due to be my last hard session before the race, and, in fact, I went through with this intention and ran 10 miles, including some hard running in Ohio Park. I thought I was dying; and the following morning, on an 8-mile run, I felt exactly the same. I had had a smallpox vaccination about ten days prior to this period, and Arthur Gold reckoned that I was feeling the reaction from this. I went back to bed that Wednesday morning, and did only 5 miles in the evening.

By Thursday I was feeling much better, and that afternoon we went for an inspection of the course with a training run from the turning round point. I waited until everyone had set off before starting my run. I felt really good. I had my racing shoes on and just a vest and shorts and the sun was shining.

I went through all the runners, picking up Ken Moore and Mamo Wolde and his colleague on the way, and ended up with 35½ minutes for 7 miles. This gave me a little much-needed confidence, as I had been training for only 5 weeks following a month's rest.

The day of the race, it poured (15°C., 59°F.). There was no incentive to warm up, and I just jogged a little with an umbrella. We had to start on a track which was completely flooded and, of course, my shoes, with their many ventilation holes, were soaked immediately. It rained hard throughout the whole of the race, and it was freezing waiting for the start.

I had the pole position with Mamo Wolde on my right. We had three laps of the track to run before going out on to the road.

This resulted in my legs and shorts becoming completely covered in grit, and for much of the race it felt like running with emery paper between my legs. When we left the track I was about 20th.

Jerome Drayton went into the lead immediately, and was a few seconds in front at 5 km. I was leading a bunch and feeling fairly well and I pulled them right up to Drayton between 5 km. and 10 km., but when I slackened my pace a little, this let him go again.

I was running relaxed, as far as my fitness would allow, and I anticipated that, in fact, Drayton would come back. Jeff Julian kept the pace pretty hot up front, occasionally joined by Unetani and Garrido (Mexico). Just before the turn I had rather a bad spell as Drayton was well away, and about four runners opened a little gap on me.

Kenny Moore came up and asked how I was going, and I replied, "Not brilliant, but not too bad." At the turn I got with them again, and it was I who was making the pace from the group, now feeling relaxed.

Just after 25 km. I lost heart again a little bit as it was fairly sure that Drayton wasn't going to come back, and I concerned myself with following a Japanese runner and Garrido.

Suddenly a Japanese runner (Tanimura, who finished 3rd) shot past and got a lead of about 50 yards over us. By this stage I had developed a bad blister on the bottom of my right heel and was having to run on the toes of that foot.

With two Japanese kindly allowing me to sit in with them, I decided to settle for 3rd place and save my legs for future races.

I began to feel quite good and when Garrido came up and hotted the pace up a bit, I went with him. At 38 km. we were making no impression on the second runner, and I found Garrido was running wide on the left-hand turns, so I just cut the corner, picked up the pace, and dropped him easily. I quickly pulled up on the second man (Tanimura), and then sat on him. He tried to put in one or two bursts, but I was running very easily, and shortly before the track, pulled away to finish 2nd and fairly fresh. I was amazed to see Drayton was only about 200 metres in front, in fact I had pulled back 20 seconds over the last 2 km., so I was kicking myself a little bit after the race.

I would like to record that the organisation under those difficult conditions was superb, and we received first-class treatment throughout the whole of our stay.

It was a really wonderful trip."

## 40 MILE WORLD BEST PERFORMANCE AT PITREAVIE TRACK

DON TURNER

**A**FTER his fine run in the Two Bridges race, Alastair Wood thought that he could make a creditable attempt at the 40 mile track record set by Jeff Julian earlier in the year.

Although to hold such a race in December in Scotland appeared to be a big gamble against the elements, the recently re-laid all-weather surface to the Pitreavie track looked inviting for such an attempt, so, hoping for a still and mild day, everything was arranged.

Unfortunately, the race was not attractive to many runners at the time of year, but it was the first such effort for a long time, if not the first ever, over this distance in Scotland and, therefore, a test for the officials as much as the runners, for whom a small field was an advantage. On the evening before the race the area was covered in thick, freezing fog; it was a relief, therefore, to wake up to a clear sky on Saturday, 13th December.

The race was due to start at 11 a.m.; but upon reaching the track from the clubhouse, the track was found to be too slippery to run on. This was really depressing, but constant brushing and some assistance from the four athletes, Alastair Wood and Stevie Taylor, both of Aberdeen, Phil Hampton of the Royal Navy, and Willie Russell of Shettleston, coupled with a rise in temperature over the next hour, enabled the race to start at noon and, in fact, the underfoot conditions for the whole race then turned out to be perfect. It was cold, but there was only a slight wind.

From the start, the runners seemed ready to keep together. After the first few uneven laps they settled into a steady pace of just under six minute miles. An even-paced schedule of 58 minutes for every 10 miles was required for the record.

All four runners were together through 5 miles (28-37), 10 miles (57-27) and 15 miles (1-26-16), with the lead alternating between the four. Coming up to 20 miles, Hampton began to ease off with an ankle injury that had been troubling him all the week, and Russell was finding it increasingly difficult to stay with the relentless pace of the Aberdeen pair, who were now pushing on even harder to reach 20 miles in 1-54-23, to Hampton's 1-54-41 and Russell's 1-54-58.

As the two hours approached it was obvious that the old-standing record of Ernie Harper and the Scottish record of Dunkie Wright (who was present), both set at Hampden Park in 1933, were going to fall.

Twenty-one miles twenty-one yards was the distance for Taylor and Wood as they ran alongside each other through 2 hours. Russell, who also exceeded the Scottish National record, and Hampton, both retired at this point, leaving the two Aberdeen clubmates to battle it out. Taylor continued to lead the way and was having a great run in his first attempt at any long distance, although he is an International 3-miler. The couple were timed at 2-22-27 at 25 miles and 2-29-21 at the marathon distance.

It was now becoming cold for the spectators and officials, but it was just right for running as long as you weren't struggling, and Wood and Taylor certainly didn't seem to be doing that as they came up to 30 miles in a fast 2-51-5.

A lap after this, Taylor abruptly stopped and retired when he was still moving well. It wasn't a day for trying to force yourself on, with dusk approaching. Wood still looked good, but was keeping careful check on his lap times now, as tiredness came into his legs. There were no signs of faltering in his pace, though, as he passed 35 miles in 3-20-23, and although he was showing signs of struggling over the last 5 miles, he managed to maintain fairly steady 88 second laps until the end, which he reached in 3 hours 49 minutes 49 seconds to knock over 3 minutes off Julian's record, after a magnificent effort.

Again, the most impressive thing about Wood's run was his pace judgment. His 5 mile 'splits' of 28-37, 28-50, 28-49, 28-7, 28-4, 28-38, 29-18 and 29-26 illustrate this. It is interesting to note, too, that his time was within seconds of his winning time in the Two Bridges race at the equivalent distance.



If this great athlete continues to set his sights on the ultra long-distance races, we may well be in for some more records yet.

On his performance on this day, Stevie Taylor also looks to have a bright future if he has been converted to long distance running.

Meanwhile, we hope soon to hold a 2-hour race with a possible field of Don MacGregor, Jim Alder, Alastair Wood, Jim Wright, among others. Who can tell whether another world-best might not be established?

I. A. Wood, 3 hours 49 minutes 49 seconds (U.K. All-comers, U.K. National and World best performance).

S. Taylor, 30¼ miles in 2 hours, 52 minutes, 32 seconds.

W. Russell, 21 miles in 2 hours 1 minute 1 second.

P. Hampton, 20¼ miles in 1 hour 59 minutes 15 seconds.

50 km., A. Wood, 2-57-17. 60 km., A. Wood, 3-33-48.

## ROAD RUNNING THE WORLD OVER

by WILF RICHARDS

(News from overseas readers will always be welcome. Please address:—  
John Jewell, 296 Barkham Road, Wokingham, Berks., England.)

**AUSTRALIA.** Derek Clayton, the world's fastest marathon runner, has again been on the injured list. He has had to undergo another operation on his leg, this time to have the medial cartilage removed. It was cartilage trouble that put him out of action a year ago, and prior to that he required surgery treatment on the achilles tendon. Despite these serious setbacks, Clayton is as determined as ever to prove himself capable of beating all comers, and has set his immediate sights on the Commonwealth Games in Edinburgh. With almost anyone else one would have doubts about the possibility of attaining full fitness so soon, but Clayton seems to have an extraordinary capacity for overcoming physical setbacks, and it will be no surprise to see him lining up with the other Commonwealth runners at Edinburgh.

**CANADA.** Chris Steer and Mick Hamlin, both British runners, outclassed the opposition in a road race in Ontario, the distance of which was 7,500 metres, or about 600 yards short of 5 miles. They went straight into the lead at the start, and set a fast pace. They had already established a considerable lead over the rest of the field by the half-distance and, by keeping up the pressure, were all of 2 minutes ahead of the 3rd man at the finish. Steer, who is the Canadian marathon champion, outpaced his fellow Briton towards the end and won with a time of 22min. 39sec. to Hamlin's 22-48. John Doorelayers was 3rd in 24-41. It is reported that both Steer and Hamlin will be returning to England later this year.

**FIJI.** The Fiji Athletic Association have sent 21-year-old Usaia Sotutu to Auckland for coaching and competition which he cannot get in their own country. Sotutu holds all the Fiji records from 800 metres to the marathon, including the steeplechase. He won the 10,000 metres in last year's South Pacific Games, but he suffered cut feet when he tried running the marathon in bare feet on rough roads. It has been suggested he should concentrate on the marathon.

**HONG KONG.** Another distinctly good prospect from one of the warmer spots of the athletics world is Kim Cha Hwan, a South Korean runner of 21. He won an international marathon in Hong Kong in 2-20-39 from Australia's John Farrington, who clocked 2-21-22. Harnek Singh, of India, was 3rd in 2-23-26. New Zealand's representative, Jack Foster, found the early pace set by the Korean too fast, and dropped back to 5th.

**HUNGARY.** The super-long-distance runner from Hungary, Gyorgy Schirilla, is planning to cover the 3,100 miles from Budapest to Ulyanovsk, Lenin's birth-place, in Russia, to honour the 100th anniversary of the Communist leader's birth. Schirilla hopes to average 46 miles a day.

**INDIA.** Long distance running, which has made surprising progress among a few of the more dedicated Indians despite the discouraging conditions, is beginning to show signs of approaching world class standards. At Meerut, a marathon was won by Harnek Singh in an excellent 2hrs. 18mins. 58.6secs., and although this talented runner was a decisive winner, the performances of the 2nd and 3rd were also very promising, Jagber Singh taking 2nd place in 2-21-27 and Hukum Singh 3rd in 2-22-33.

**NEW ZEALAND.** Bill Baillie, sometimes described as the "iron man" of the Lydiard group, is still a tough customer to dispose of. If he does not win quite as often as before, he is not without the occasional success, and rarely is out of the reckoning altogether. In the Owairaka marathon, for instance, won by Eddie Maguire in 2hr. 23min. 42sec., Baillie was leading at the half-way stage and when Maguire took up the running he hung on for some time. New Zealand's Olympic 10,000 metres representative had too much speed for Baillie, however, and went on to win by 300 yards. Maguire ran this marathon only as part of his preparation for the 10,000 metres, with selection for the Commonwealth Games as his main objective. Baillie's time of 2-24-35 placed him well ahead of the 3rd man, Bill Sutcliffe, who did 2-29-10.

Jeff Julian continues to dominate the distance running field (he did not compete in the Owairaka marathon). He scored a decisive win in the Great Western 15-mile road race, making his effort, characteristically, on the tough Henderson hill and then pushing ahead on his own to finish in 1-18-21. J. Derrick took 2nd place in 1-19-14, and Bill Baillie 3rd in 1-19-55. A week later saw Julian home first again in a marathon at Hamilton in which he led for most of the way to record 2-20-16. The half-distance was reached in 1-10-24 with Julian heading John Robinson and Bill Baillie. Robinson kept within striking distance of the leader for several miles after this, but Baillie found the pace too fast and was dropped. Julian's strong running on the hilly stretches took him well away from Robinson in the last mile or two, and he had over 2 minutes to spare at the finish. Robinson's time was 2-22-26 and Baillie took 3rd place in 2-25-00.

Dave McKenzie, who is training hard for the National marathon championship, showed promising form when easily winning the Canterbury 10-mile road race in 49min. 56sec. The opposition was not strong and McKenzie, who had almost 2 minutes to spare over the next man at the finish, could obviously have improved considerably on this time.

The 11th annual Auckland to Huntly relay race, with two runners per team, each runner covering a 30 mile stretch, was won by Evan Maguire and Bill Sutcliffe in 6hr. 15min. 4sec. Fastest over the initial 30 miles (the easier part of the course) was Ivan Keats with 2-57-09, Maguire coming next in 3-04-30.

The distance from Auckland to Wellington is about 420 miles. It is a long way for a week's run. But in 1965 D. Stephenson, a Yorkshireman resident in New Zealand, did even better than this; he covered the distance in 6 days 7 hours to beat the existing record which had been established by the Scot, Max Telford. Towards the end of 1969 Telford decided that Stephenson's record, formidable though it was, could be beaten, and in preparation for his attempt to win back the record he covered a thousand miles in the space of six weeks. Telford achieved his object in no uncertain manner, covering the journey in an incredible 5 days 13 hours 50 minutes. He was in an exhausted state at the finish and was handicapped by swollen ankles and badly blistered feet. But he had the record back and in its place has established a new time which looks likely to survive for a good many years.

John Robinson, who was a member of the New Zealand cross-country team which took part in the International championship in Scotland, ran well to take fastest time award in the Waiouru to Takhape 20 mile road race (a handicap event). He covered the distance in 1-45-45, 8½ minutes faster than the next best.





#### THE LEADERS IN THE MAXOL MARATHON SOON AFTER THE START

From the right to left, the following may be easily seen—Ron Hill (54), Jim Hogan (211), W. Stoddart (193), Mel Edwards, Phil Hampton (113), Don McGregor, Bill Adcocks (65), Dave Holt, Yos Unetani (3), J. Balmer (106), Jim Alder (178), Martin Craven, A. Swindlehurst.

*Sports Illustrated photo by Gerry Cranham, Times Inc.*

Conditions were made difficult by the 80 degree heat. A young runner with fine potential is Rodger Bongard, who won the New Year's Day Taupo 10 mile road race in 49-16, a record for the course. Bongard, who is 20, was the National junior 5-mile road and 3-mile track champion, and is the current Hawkes Bay—Poverty Bay 10 mile road champion.

Jeff Julian has been awarded the Lonsdale Cup for his outstanding marathon performances in 1969. Julian, although he has been a regular representative of New Zealand in international races since 1960, was surprisingly left out of the Mexico Olympics team, possibly because, though more consistent than the ones chosen, he had been less outstanding on the special occasion.

**SWEDEN.** Mike Rowland's venture into Sweden for the Skovde Winter marathon earned him victory. The weather was so bad when Rowland arrived (the day before the race) that he thought the event might be cancelled. But fortunately the following morning brought improved conditions, and although very cold when the 102 starters lined up at 11 a.m., the sun was shining and the temperature gradually got higher. Sand had been sprayed over

the hard packed snow so that the going was reasonably firm. Mike Rowland took the lead at about the half-way point, and gradually drew away on his own to come home an easy winner in 2hr. 16min. 6sec. Second was Einar Weidmann, of Norway, time 2-20-24, and third Henry Nilsson, of Sweden, in 2-21-21. The incomparable 49-year-old Erik Oestbye was first veteran with a time of 2-26-04, and Sven Ekstrom took first award in the 60-and-over section in an outstanding 2-46-17.

Confirmation of the length of the course is awaited from Sweden.

A welcome letter from Jan Lind contains the information that he has been appointed by Svenska Maratonsallskapet as Swedish representative for the R.R.C. Jan is anxious to supply Swedish runners with information on races in England. He says there are quite a number of Swedish athletes who are wanting to compete in races, both on the road and track, in this country. At the same time Jan Lind will be only too pleased to help British and other athletes who would like to compete in Sweden. Anyone interested should write to: Jan Lind, Ribbings väg 39, 19152 SOLLENTUNA, Sweden.

**U.S.A.** A brief mention was made in our last issue that Jerome Drayton, of Canada, was reported to have won a race in America in the fast time of 2hr. 12min. We now have more details of this particular event. The race was known as the Motor City Marathon and was held over a certified course at Belle Isle, the same course that was used for pre-Olympic trials. It was because of the particularly fast time put up by Drayton that some doubt was cast upon the distance being correct, but of course Drayton subsequently proved the form he was in with his running in the Asahi (Japan) marathon. Conditions were good in Detroit, the weather cool, the course flat, and 24-year-old Jerome Drayton was all set for a fast time, aiming to maintain a 5 minute per mile pace for as long as he could. Actually he was outside this pace in the early stages, but then warmed up with miles of 4-53, 4-57 and 4-47. At 10 miles he was timed at 50-30 and 20 miles was reached in 1-40-38. This was much too fast a pace for the rest of the 68 starters, and Drayton finished up a quarter of an hour in front of the next man, a fellow Canadian, Ron Wallingford, whose time was 2-27-07. Canada took the third place also, with Bill Allen, of Toronto, showing 2-31-22.

Perhaps the sudden rise of Drayton into world class should not astonish followers of Canadian athletics. In 1968 he beat the Canadian marathon record with a time of 2-16-11 and he also holds the national 10-mile track record with 48-48. Injury put him out of the limelight for some time, but since his recovery he has been training twice a day and covering 100-150 miles a week.

Pat McMahon, Olympic marathon representative for Ireland and now a member of the Boston A.A., appears to have completely recovered from his injury and is back in winning mood. He was certainly in fine form for the National A.A.U. 30 km. championship. Despite good weather conditions only 29 of the 42 starters completed the distance. McMahon was soon in the lead and had no difficulty in staying there. At the finish he was clear of the next man by close on half a mile, his time being 1-45-11.6. Frank Fflaging took 2nd place in 1-47-36 after a close struggle with Paul Bernstein (1-47-53). Veteran Jim McDonagh was 4th in 1-48-43.

Gary Muhrcke won the A.A.U. Metropolitan 30 km. championship for the third year in succession, his time of 1-44-18 bringing him home over the eight lap course 2½ minutes ahead of his nearest challenger, Pat Bastick. Jim McDonagh, who is probably the most consistently successful of America's veteran brigade, was 4th in 1-49-52.



## NEWS FROM OUR EARLIEST MEMBERS

SOME of the earliest members may wonder from time to time what has become of their contemporaries, and three years ago we published the result of a survey which was made. This showed that no fewer than 63 of the first 100 members of the R.R.C. were still members.

A count now shows 57 are members today. The count has been extended to the second hundred, i.e., R.R.C. No. 101 to R.R.C. No. 200. The first two hundred members were elected during 1952 and 1953, and those still with us are:

R.R.C. No.	Member	R.R.C. No.	Member
1	E. Neville (Blackheath H. and Surrey Walking Club)	78	W. Richards (Manchester A.C.)
2	T. Wood	79	T. Joyce (Epsom and Ewell)
7	J. Jewell (S.L.H.)	85	C. Giles (S.L.H.)
8	H. Fry (Ranelagh and Surrey Walking Club)	88	W. Haig (Queens Park H.)
10	W. Symes (Met. Police)	89	D. Roberts (Mitcham A.C.)
13	A. Ducker (Cambridge H.)	90	R. Thain (Small Heath H.)
14	J. Davis (Ranelagh H.)	93	J. Stubbs (S.L.H.)
17	A. Penstone (Belgrave H.)	95	L. Hammill (Blackheath H.)
18	A. Whitehead (Belgrave H.)	96	B. Hemsley (Gosforth H.)
19	F. Perkin (London Transport A.C.)	99	E. Flowers (Victoria Park A.C.)
21	G. Pearson (Belgrave H.)	100	W. Clark (Gateshead Congers.)
22	A. Twinn (Kent A.C.)	102	J. Flowers (Victoria Park A.C.)
23	L. Morse (Met. Police)	111	S. Ferris (Polytechnic H.)
25	R. Reader (S.L.H.)	113	T. Richards (S.L.H.)
26	H. Lee (Orion H.)	118	W. Wortley (Belgrave H.)
27	L. Piper (Blackheath H.)	120	S. Jones (Polytechnic H.)
30	P. Johnston (Blackheath H.)	121	W. Thomas (S.L.H.)
31	W. Brown (Finchley H.)	124	D. Purdon (Coventry Godiva)
32	J. Legge (Orion H.)	129	J. Cross (Stock Exchange A.C.)
33	E. Peacock (West London H.)	130	T. Weatherhead (Airedale H.)
34	R. White (Veterans A.C.)	131	A. Bourne (Pembroke A.C.)
35	V. Fowle (Herne Hill H.)	132	J. Easy (Hull H.)
36	G. Stewart (Pembroke A.C.)	134	W. Kelly (Manx A.A.)
38	P. Green (Surrey A.C.)	138	R. Linstead (Belgrave H.)
39	J. Chaventre (Veterans A.C.)	139	D. Brickwood (Mitcham A.C.)
45	R. Plummer (Belgrave H.)	141	J. O'Neill
46	E. Sullivan (Leamington A.C.)	143	C. Waudby (Hull H.)
47	D. Kay (Rochdale H.)	144	D. Bentley (Blackheath H.)
48	A. Hefford (Orion H.)	146	G. Miller (Pembroke A.C.)
49	J. Fenn (Orion H.)	150	D. MacDonald (Hull H.)
50	L. Griffiths (Reading A.C.)	153	E. Horrocks (Leigh H.)
53	W. Carr (Coventry Godiva)	154	H. Dennis (T.V.H.)
55	R. Parker (Blackheath H.)	157	E. Lloyd (Herne Hill H.)
56	R. Pawling (Ryde H.)	158	J. Peters (Essex Beagles)
57	R. Pape (Royal Navy A.C.)	160	L. Weatherill (S.L.H.)
58	G. Doubleday (Belgrave H.)	163	R. Butler (Finchley H.)
60	R. Shires (Rochdale H.)	165	F. Nickolls (Fairbairn A.C.)
61	G. Townrow (Belgrave H.)	166	P. Goodsell (Walton A.C.)
65	R. Jackson (Manchester A.C.)	167	A. Byrne
67	J. Murray (S.L.H.)	179	J. Henning (Duncairn Nomads)
68	L. Mathews (Surrey Walking Club)	180	T. Houghton (Preston A.C.)
64	G. Grier (Blackheath H.)	181	F. Lucop (Hull H.)
72	A. Lawton (Leeds A.C.)	185	G. Wood (Polytechnic H.)
74	B. Foster (Blackheath H.)	189	R. Hopcroft (T.V.H.)
75	G. Swan (Surrey Walking Club)	192	J. Swann (Surrey Walking Club)
76	W. Jackson (Royal Navy A.C.)	196	J. Jones (Doncaster Plant Works)
		197	J. Gibb (Portsmouth A.C.)
		199	D. Bassett (Small Heath H.)
		200	A. Cove (Shaftesbury H.)

A number of the above have written to tell us what they are doing today, or about their past experiences. These have been arranged in an approximate chronological order. News from any other members on similar lines will be welcome.

## EDGAR LLOYD

Our octogenarian member sends us an interesting slant on the 50 mile Track race at Stamford Bridge in 1913 in which he broke the world record. The race was promoted by Finchley Harriers, as an assertion had been made by an evening paper that the old-timers of the 1880s possessed greater stamina than the existing generation of athletes, i.e., those of the early years of the present century.

The response to the invitations sent out by the promoting club was poor and there were no acceptances from Edgar's club, Herne Hill Harriers, of which he was the captain.

The club committee, anxious to support the event, called upon their captain to honour his position and carry the club colours in the race. He did this, but not without some misgivings as he was only half fit at the time, having had an indifferent winter season. He supplemented this by a mere couple of ten mile stints before he lined up at Stamford Bridge on that dull, damp, Whit Monday.

Edgar reckons he must have run himself fit during the race, although he had the inevitable bad time in the mid-30 miles. He recovered well after 40 miles and was in sight of the 50-mile record. Bill Thomas, who was looking after him, advised him to "dodder" the rest of the journey, and by these tactics he eroded the record with every passing mile.

"At the bell, thrice welcome sound, I showed the several thousand assembled spectators an unexpected turn of speed, and the race ended some five minutes better than the old record. Thus the old timers chastened and the youngsters jubilated."

Edgar thinks it is strange that the race has not passed into the limbo of forgetfulness after so long a time and that an old timer should be cajoled into relating his part in the affair.

We can assure Edgar Lloyd we are more than delighted to hear from him and to see him at our track promotions.

Eighteen years ago Edgar Lloyd presented to the R.R.C. the cup he won at Stamford Bridge and this is awarded to the winner of 50 mile track races promoted by the R.R.C. The present holder is Alan Phillips, of Reading Athletic Club.

## E. D. SULLIVAN

"Sulli" was born in 1896, and is still running road races. He has written what he calls a mere summary of 50 years of running by an undistinguished athlete. This amounts to a treatise on much athletic history, with a background of the history of England. We hope it will be possible to do his work justice as a separate article in a future number of the newsletter.

DAVE ROBERTS will be remembered as the Father of Road Statisticians. He has retired to Glamorgan after 31 years in the Hospital Service, mainly at Tooting Bec. He was a member of Mitcham A.C. and amongst his club mates were Tom Richards, Sam Palmer, Ivor Brown, Bob Thorogood from 1935 onwards. Dave now supports the Cardiff A.C. and has renewed his friendship with Norman Jones, ex-Long Grove Hospital, who is secretary of the club.

## HARRY FRY

Harry Fry, a life member of Ranelagh Harriers, and a member of the Surrey Walking Club, retired to Exmouth eight years ago. He has become involved in the organisation of the Exeter to Plymouth race since its inception, in connection with refreshments. Harry Fry's 'corpse reviver' achieved considerable notoriety on the early Brighton races.

He has been made a Vice-President of the Devon A.A.A. He has described his first attempt at running in 1910, when a few members of a cricket and football club formed a small Harriers club and ran from a church hall in Camberwell.



The best man was Will (Nobby) Clark, now a past president of Blackheath Harriers. Harry Fry describes some of the mob matches concerning Blackheath, Ranelagh and South London Harriers prior to the first world war. He still has the 'Spotting Life' cuttings, which published the full results, all the names, and all times to 1-5 seconds.

During 1914-18 he ran once or twice for the Battalion in Divisional cross country in Palestine, and was having one five mile run a week up to his Fire Service commitments in the second world war.

At the time of the formation of the R.R.C., he was on his way north for a walking championship, and Ernest Neville said to him, "Fill this in and give me 5/-" and so he became R.R.C. No. 8.

He was put down as a recorder on the first Brighton race in the Festival year, 1951, which was organised by the Surbiton Town Sports Club, the year before the formation of the R.R.C.

However, at the top of Dale Hill he produced water, sponges and a bucket, which produced the remark, "They do not want that." This was given the lie, because practically the whole field had a refresher. Harry was 'bucket and sponge man' for the Surrey Walking Club at the time.

Amongst a number of anecdotes he recalls, one is about the first track event at Motspur Park, when the well-known walker, Jack Stirling Wakeley, arrived to find he was expected to assist in a running race. He thought he had come to the wrong venue, as all the officials were walking enthusiasts.

#### LEN MATHEWS

went to Adelaide from Croydon two years ago, and has written to Gordon Doubleday. He says he has about 130 relatives in Australia, including one great grand-daughter. He writes from, The Studios, 1 Cygnet Street, Seacombe Gardens, South Australia, 5047. Len is a specialist in stained glass windows and designed the R.R.C. certificate.

He will be remembered here as being one of the original members of the R.R.C. Council, and officiated for many years on the Brighton runs. He founded the Adelaide Harriers in 1913 and nineteen years ago sent a cup to the club in order to promote long-distance running. He has now had the pleasure of presenting his cup to a winner, Billy James, who competed in the International marathon last summer in Canada.

Len has been active with the distance Runners Club of South Australia, and with their cross country and walking organisations.

He has ambitions of a run and a walk from Victor Harbour to Adelaide, a distance of 52 miles. Later he would like to start an Australian Centurion Club.

These events will, of course, be held in the winter. There is no snow and ice, with minimum temperatures not less than 40°F. and day temperatures of 60°-65°F. The climate is great for outdoor sport, and this is the reason why Australia, considering her small population, does so well in the Olympic Games.

He says, "The country is an absolute goldmine, minerals galore, oil, gas, wheat, wool, timber, the lot."

Some of his walking friends will be joining him soon, including Peter Fullager, who will be eligible to represent Australia in 1972 at Munich. Another will be Fred Poynton, a Mayor of Ilkeston in Derbyshire, three times winner of the National 20-mile walk.

#### R. F. WHITE

He retired from work a year ago at the age of 65, but is still going strong with his running, training hard for the Veterans A.C. 10 mile championship.

A year previously he had run a mile on the Crystal Palace track in just under 6½ minutes, and 3 miles in 21 minutes at Battersea Park, certainly outstanding performances.

He writes: "I am very proud I will have run track, road and cross country for 45 years, and have yet to be the last over the finishing line in any race."

#### TEDDIE PEACOCK

had a short spell in hospital just before Christmas, but will be back in training again, as his main reason for running has been to improve his health (running speed up the circulation).

He commenced road running by way of football. He used to play in minor amateur football, and one summer his team thought it would be a good idea to have a few road runs to keep fit for the next soccer season.

One of the lads jokingly suggested entering a 10 mile road race, which was held every year at an August Bank Holiday sports meeting. Ted Peacock said he did not mind and sent in his entry. The footballers found out on the day that 10 miles was further than they thought, and Peacock finished last in 80 minutes.

However, next year he trained on after the football season was finished and finished ninth. He ran in this race every year, and on one occasion was 5th in 58 minutes. He thinks the winner was the Olympic runner Harry Bignall, of Highgate Harriers, in a course record of around 52 minutes, considered then to be a very fast time.

Teddie Peacock has written to say he has run in many marathons and finished in most, including ten times in the tough Isle of Wight event. He gained standard medals in the 1938 Polytechnic marathon and in the A.A.A. marathon a month later. Two performances which have pleased him considerably are his two London to Brighton runs. The first was accomplished at the age of 52 after he had failed to finish on several occasions previously.

In 1962 he was instrumental in assisting the Polytechnic Harriers when difficulties arose over financing the race. Peacock works for Callard and Bowser Ltd., the confectionery makers, and the Sales Director, Mr. Francis Neate, read about the plight of the race in the evening paper. He asked Peacock what he thought of the situation, and was told it would be very disappointing if such an old-established race ceased to exist. The outcome was that Messrs. Callard and Bowser have sponsored the race ever since.

Teddie Peacock is now enjoying himself with the Veterans A.C., having previously been a member of the West London Harriers (an offshoot of the old Kensington A.C.) and of the Uxbridge A.C., both of which are now defunct.

In his opinion there is much more in road running and in athletics in general than winning awards, namely in improvement in health and in making such good friends.

#### BILL KELLY

Won the London to Brighton race sixteen years ago, and writes from the Isle of Man to say he is still fit and active. He ran in only one race last year and injured his heel, which he rested for the remainder of the year, but turned to cycling to keep fit.

He rode in most of the cycle road races on the island, and finished ninth in the Best All Rounder competition, in which one rides Time Trials of 25 miles, 50 miles and 100 miles, as well as the T.T. course. He is twice, and sometimes three times, the age of many of the competitors.

He also rode in two 10 and 25 mile veterans' track races during the cycle week. After his season of cycle racing, Bill Kelly was curious to see how quickly he could get back to running at a reasonable pace, and at the end of a week he found he could run 10 miles quite easily. He then dropped down to 5 miles which he ran in about 32 minutes. This satisfied him that one sport helped to keep him fit for the other, but he is not sure this would be the case for everyone.

#### BILL SYMES

After retiring from road running in 1953, Bill Symes was active in road walking, and competed in most of the open walks until 1968, when he was prevented from doing so by arthritis in his feet.

However, he is able to get about and work, and he hopes for complete recovery so that he can resume his walking activities.

He is Centurion No. 216, and has completed eight 100-mile walks. He wants to make it ten, and to compete once more in the London to Brighton run.



## LEN MORSE

"I started long distance running in the summer of 1949 while serving with the Metropolitan Police, after a long and very happy period as an amateur boxer, commencing at school, and then with the Police and Polytechnic Boxing Clubs. I ran in the few road races that made the calendar, before the advent of the R.R.C., the Wigmore 15, Finchley 20, Kent 20, Poly marathon, the Doncaster to Sheffield marathon, and the S.L.H. 30.

I gained a few standard medals, and my regular attendance and ability to finish showed my love of road running (real running is what I call it). With Albert Cove and Harold Lee, I have a pewter mug which is engraved to testify I finished in 15 consecutive Wigmores.

I ran in the first annual London to Brighton race in the Festival year of 1951, and competed and finished in another nine races. I also finished twice in the London to Brighton walk, which is held in the same month as the run.

When the Road Runners Club was formed by Ernest Neville, I am proud to say I became R.R.C. No. 23.

In 1959, while still primarily a road runner, I took part in the London to Brighton and back walk, and became Centurion No. 301. This race is held every four years, promoted by the Surrey Walking Club. I also finished inside 24 hours in the races of 1963 and 1967, and in two Chigwell 100-mile walks. I am a member of the Veterans A.C. and still compete in a few 10-mile races, being reduced to a 'once a week runner'. I still hope to find time to do the necessary training for one more Brighton run!

I have retired from the Metropolitan Police and am now a Court Attendant at the Central Criminal Court, the Old Bailey."

## RON HOPCROFT

The highlights of his career, extending over 20 years, were the 100 mile Bath road record in 1958 as well as a win in the Brighton race in 1956, and a 50 mile track record in 1957.

Ron writes to outline what has happened since then.

"I will be 52 next month and have progressed to a District Sales Manager of the North Thames Gas Board. I am still running, 2,400 miles in 1968, 2,000 miles last year, and am now doing 35-40 miles a week in 5 or 6 outings.

The effort I put into training does not show in my races, but I still enjoy jogging; it is an easy way to bathe every day. I also play either Badminton or tennis once a week.

Six months after I ran the 100 miles from London to Box, I severely damaged my right ankle, and although I subsequently ran two more London-Brightons in 6 hrs. 13 mins. and 6 hrs. 8 mins., I never really recovered my previous form. I ran in this race seven times, and on the first five occasions I finished 4th, 3rd, 1st, 2nd and 4th. I also won 1st, 2nd and 3rd team awards. I think I am the only person to have done this.

The next few years were a blank as far as running was concerned, but as I was Hon. General Secretary of Thames Valley Harriers for three years as well as road running secretary, this was not surprising. I was also suffering very badly with my knees. Harold Lee was very helpful, but after a thorough examination, including X-ray, he decided my knees were 'worn out'.

However, about four years ago things settled down a little, and I started playing Badminton and Tennis again in the hope of strengthening my knees. I had enjoyed both these games prior to the war. This did me a power of good and gradually I found myself back into almost full training again and even worked up to 15 miles.

I consequently found some form again and, for my age, enjoyed a couple of very successful years. My best run was probably in a 10 km. race in Paderborn in West Germany in 1968. I finished third in the over-50 class and 6th in the overall veterans race in 36 mins. 37 secs.

The winner was Erich Kruzycki, a former San Paulo winner.

Last year, I again lost form and my racing was pretty awful. This was probably due to moving house, and a change in office from Hounslow to Acton. This has meant increased travelling time and a change in eating habits. Compared with my halcyon days, when I was running 100 miles a week, I hardly eat a thing. This worries my wife, but probably explains why my weight now stays around 10½ stone, as against 11 stone when I was running the London to Brighton regularly.

I still do my decorating and grow most of my vegetables and soft fruit. My Welsh collie dog needs plenty of exercise.

I don't get the nine hours sleep a night which I like, but I live a more social life, which includes committee work with the Chamber of Commerce.

We attend more dinners and dances and see a few West End shows. I even watch the T.V. occasionally, now.

I hope I am putting something back into the sport these days. I attend nearly all the big road races and have been pilot car on the Poly marathon for the last few years. I nearly kill myself trying to feed all the runners in the Brighton and Woodford to Southend races.

I officiate at track meetings during the summer and most Saturdays during the winter I look after the teas at Cranford.

I most dislike writing articles such as this, or coaching by post, but so far I have never refused.

Most of my running now is with the Veterans A.C. They do a very good job indeed in maintaining interest and providing competition for the older runners."

"I am surprised that the Brighton times have not been reduced more dramatically. I fully thought they would be near 5 hours by now.

When you came to my house in 1958 to make arrangements for the Bath road 100 miles, and we settled for 13 hours, I had already planned for 12 hours. This was what I had hoped to do, and I still think this time is possible.

The recent 100 mile track race proved this. If there had been one athlete running sensibly this would have been done. Whilst the tactics of the leading runners interested and amused the spectators, they were of no use for beating 12 hours."

## ALLAN LAWTON

Allan, of the Leeds A.C., who won a Veterans' 40 certificate in 1968, has sent us reminiscences of his first years in athletics during the post-war years.

He did a little running in the army from 1944 until 1947, including a 3 mile race in the Middle East against Jackie Paterson, whom he was to know some years later at the 'Poly'.

He joined Leeds Harehills Harriers in October, 1947, and soon fitted in with a grand set of lads. One of these, Alan Cockcroft, later became a teammate to Eric Smith and himself in the club marathon team. He writes: "I will always remember my first National Cross Country Championship in 1948 at Graves Park, Sheffield, won by the great Sydney Wooderson from Vic Blowfield. I was lucky enough to be picked for Yorkshire in the Inter-Counties championship, run, I think, at Leicester. Yorkshire were the third team that day, the first of many placings to follow. I think I am right in saying from memory our club had four runners in the Yorkshire team that day, Des Birch, Len Eyre, Arthur Dolphin and myself, plus the well-known Frank Aaron, also from Leeds. It was about this time in '49 and '50 we started to get a decent little team together at Harehills.

We were second to our friends and rivals, Hallamshire, in the Yorkshire C.C.C., second on another occasion to our Lancashire friends and rivals, the great little Sutton Harriers, and third to Sutton and Reading A.C. in the 1949 National at Bromford Bridge, Birmingham, won by Dr. Frank Aaron, of Leeds St. Mark's Harriers.



I think we won the Yorkshire the following year, were second again to Sutton in the Northern, who put their counting six in the first dozen. We moved up a place in the National, at Aylesbury, second again to Sutton. There was only one point between second team and the third team, Shettleston, and one point between third and fourth, Birchfield Harriers.

Nineteen-fifty was the year I really took up road running, starting with the famous Morpeth to Newcastle race. I finished fourth behind the great Jack Holden. I think McMinnis was second and Charlie Robertson, of Dundee, third.

My next race in building up to the marathon distance was a 16½ mile road race in Lancashire. It was organised by the Manchester and District Lads' Club and run from Manchester to a place called Kettleshulme, out on the moorland of Lancashire and Cheshire.

I won this one, from Bob Jackson and Frank Gratton, two lads I was to get to know very well from then onwards.

Then I did my first marathon, in 1950, the famous Windsor to Chiswick, or 'Poly', as it is called. I was second to Jack Holden, a very tired but very happy second, about 5 minutes behind Jack. I did 2-38 odd. Third was Bob Jackson and fourth, I think, old Bill Kelly, of the Isle of Man. The early leader out of Windsor was a chap called Walt Cousins, of Sheffield.

My next good year at the 'Poly' was 1953, when I finished fourth to the 'terrible three', Jim Peters, Stan Cox and Geoff. Iden, in my best time ever of 2-27-4.

Next month, in the A.A.A. Marathon at Cardiff, I was second to Jim in 2-29 odd, with Geoff. Iden third and Bill McMinnis fourth. Since then I have gradually been going back. It is a great game, though, and I still enjoy it. I ran in 14 Polytechnic marathons 'on the trot'."

### JIM PETERS

has found time during the Christmas lull in his thriving business as a dispensing optician to write to us. He appears to be busier now, and even more committed, than when he was training twice a day during the period 1951-54.

His illustrious career is well known, but to summarise briefly: Jim Peters, who won six A.A.A. titles and was the runner-up on two other occasions, pioneered the post-war advance in marathon performances.

In 1951, Peters ran the great Jack Holden into the ground in the Polytechnic marathon, breaking Harry Payne's British record with a time of 2 hours 29 minutes 28 seconds. In the years which followed, Jim Peters produced a series of world best times, of which 2 hours 17 minutes 39.4 seconds in the Polytechnic marathon of 1954 was his fastest.

Peters ran in two Olympic Games, won a number of marathons on the Continent including the Enschede marathon, was second in the Boston marathon, and captained the English cross country team. His was a household name in the world of sport.

He retired from athletics in his 36th year, and is now 51 years old. Jim Peters is a small man, five foot six inches in height, and now weighs 11 stone 10 lbs. His weight when he was in peak racing condition was 9 stone.

Today he keeps fit by taking his dog, Dandy, for a two or three mile walk every evening, as well as locking after his garden, and cleaning the family cars twice a week.

He says that the high standard he achieved in athletics demanded considerable time and endeavour. Today he is free to go to football and cricket, at which he was very useful before he became bitten by the athletic bug. He believes he knows as much as anyone does on the building up of a champion from 880 yards to the marathon.

"However, we have to eat and time means money. I cannot become a professional coach, and as I have no time to be an amateur coach, I just have to look on. I have no regrets at the time I spent in athletics and would do it all again, but preferably in another country which would help when one is young and needs help most.

I am delighted with the improvement in standards. My old friend Roy Moore with the 'Daily Mail' (alas no 'News Chronicle' for athletes to read these days), has published the world best times between 1929 and 1969. I am still unhappy about the lack of a good number of professional coaches. I must insist it either takes a pro coach or a top-class ex-international to start to get the Olympic 'Golds'.

The standard is so high. I admire the A.A.A. hon. coaches, they and the hon. secretaries of the clubs keep the sport going and do great work, but our chaps at the top need just that bit of extra help and devotion from a pro coach.

Colleges of Physical Education, such as Loughborough, are turning out teachers who have the brains to qualify as teachers in other subjects. This means our younger children are getting good coaching in athletics, football, cricket, boxing, etc. There appears to be a gap between 16 and 19, and this is when we lose so much of our potential talent.

Since the war our teams have been picked from a much wider field than in the 1920-39 period, and this has given more people a chance, which has helped to improve the standards.

I was delighted to hear that Mike Rawson has been nominated as Assistant Team Manager for England at the 1970 Commonwealth Games, as we need many more ex-Internationals in top positions in the organisation of our sport. I look back at times with pleasure at the two hundred medals and cups I won and try not to envy the professional sportsmen and their wealth. I certainly never made any money out of athletics, but I saw a lot of the world and made many friends."

### REG BUTLER,

a pillar of the then Finchley Harriers, was a well-known figure in southern road races fifteen years ago. He won the club's 20 mile championship five years consecutively and gained a R.R.C. first-class standard Certificate in 1954.

Reg then became an A.A.A. hon. coach (long distance) and has organised the important Finchley 20, one of the oldest road races in existence, and assisted in the organisation of the Polytechnic marathon.

His energies were then directed to old-tyme dancing, and he began youth club work. He gained the Middlesex Advanced Certificate for Youth Club Leaders, and we have just heard that he is the awards officer for Hillingdon of the Duke of Edinburgh's award scheme.

Reg has had the honour of going to Buckingham Palace to present to the Duke of Edinburgh thirty-two gold award winners from the West Country. As awards officer for the London Borough of Hillingdon, Reg Butler has dealt with no less than seven hundred young people between the ages of 14 and 21.

He thinks all these activities keep him fit and he reckons he is the oldest teenager in his business.

### BILL CARR

"I still clearly recall that first meeting in the Regent Street Polytechnic when we formed the Club. It would be most interesting to know how many of those original 53 founder members are still alive and active in our sport. (This article has this idea—Editor.)

Perhaps one day we can start some sort of reunion; maybe when we reach our 20th anniversary (1972).

Although all of us at that meeting spoke of our ideals and aspirations for the future of road running, none of us could have foreseen the impact that that meeting would make on athletics in this country.

In those days it was a struggle to get recognition, and to be taken seriously. Road races could be counted on the fingers of one hand, and if any of us managed to compete in four races in one season, we were considered mad. It was only just over two years later that I went to work and live in the Midlands, and took the word of the R.R.C. with me.



It was like being a missionary with the prejudice that I met at first. Organising the first R.R.C. marathon at Coventry in 1959 (and what memories that brings back!) was the turning point, and helped to win over a lot of sceptics. Godiva began to produce that great string of world class marathon men who have made them probably the outstanding marathon club in the world.

Since leaving Coventry, I have carried on as an official of the Midland Counties A.A.A. (having been finally accepted as 'one of them').

At present, my energies are directed at trying to form a new athletic club in my district, and if all goes well, you should see names representing Kidderminster and District A.C. in the line-up for road races in the very near future.

My work still takes me around from time to time, and it has enabled me to see a great deal of the world and to make contact with road runners in many countries.

I still keep reasonably fit (have to, in this job) and I often long for the old days when I was lining up for races all over the country.

Who knows, one day that veteran lining up in the Kidderminster colours might turn out to be—Yours truly, Bill Carr."

### BOB PAPE

He is now a Lieutenant Commander and is stationed in Gibraltar. He sits on the Gibraltar A.A.A. Committee, and says they have road races every couple of weeks. If any R.R.C. members are visiting the Rock, he will be pleased to arrange for them to race, and to train with them (telephone, Navy 2252). Bob Pape says he enjoys training more than racing and still knocks up 50-70 miles a week.

Last July, he collapsed with a ruptured appendix, which resulted in nine weeks in hospital. "Fortunately I was able to start jogging round the hospital grounds after 3 weeks, and I am now as strong as ever, but at 46 ones does not get any faster. I think the strength built up by years of running saved me in July.

For years I felt that when I was no longer needed for the R.N.A.C. marathon team they would be a very strong force, and this has come to pass in the last three years.

Danny McFadzean has competed Internationally. He has been commissioned in the R.N. Joe Clare started to run sub-2-30 consistently. Phil Hampton, who is probably the greatest prospect of the lot, began to show his true worth.

It is now 34 years since I first raced, and 22 since my first marathon, but I still get butterflies amidst before a race, and a great satisfaction from coaching, officiating and administering in the field of athletics in general and road racing in particular."

### ALBERT COVE

"Having joined Shaftesbury Harriers in 1940, I was quite happy to have my usual Saturday afternoon jaunt over the country, or laying the trail for a race. However, like all youngsters, I had my particular sports idol, none other than the great Jack Holden, who I considered was, and still is, the finest cross country and road runner the country has produced. His performances on the road inspired me so much that I naturally had serious thoughts of trying the marathon myself.

Thus, in 1948, I competed in my first 'Poly', which incidentally was won by the idol himself. As for me, I was delighted to have even finished in 3 hours 10 minutes. That was my initiation into road running, and I have competed in many races of various distances ever since, covering, at a rough estimate, about 25,000 miles in training and racing.

It was always my policy that once I started in a race, come what may, I was determined to finish. This was well known among the seasoned runners, so that if a newcomer came along, he was advised to hang onto me if he wanted to finish. I did not know this at the time, so quite unwittingly, I must have helped quite a few along.

I moved to Folkstone three years ago, and am trying to build up the local club. I will be pleased to see anyone coming here. I still get out three times a week.

On looking back, the three main achievements I cherished most are:

(i) Having run in 20 consecutive Wigmore 15s, (ii) having 'done' the Brighton six times, gaining a second-class standard, (iii) a Middlesex County Standard medal in the Finchley 20.

I have made many friends both amongst officials and runners alike. The training, determination and will power developed during my career have stood me in good stead for my everyday life. I have enjoyed it all immensely."

### TREVOR JOYCE

was overloaded with Christmas preparations when we wrote to him, and he does not think he has been a successful enough runner for his memories to be of much interest, except to those who have known him personally. He has had correspondence with Bert Hemsley, who was at the end of his running career when Trevor was starting his, around 1952.

Under Bert's guidance he made good progress; the two were brought together by Arthur Newton.

### FRANK LUCOP

His tall, 6-foot-two figure has been a familiar sight in road races since the first days of the R.R.C., and he is now in his eighteenth year of running with Hull Harriers.

During this time, he has run everything pretty well, from a mile in 4min. 28sec. to 3 hours on the track (29 miles 219 yards) and from 10 miles on the road (52-18) to the London to Brighton, in which he was fourth (6-0-49) in 1957. Frank has a long list of successes to his credit; one of his best performances being 3 hrs. 2 mins. 26 secs. for the S.L.H. 30 in 1958. He has run well over 50,000 miles and now, at 36 years of age, is still very keen.



RON HILL LEADING DEREK CLAYTON AT 15 MILES IN THE MAXOL MARATHON

Sports Illustrated photo by Gerry Cranham, Times Inc.



## DEATH OF A VERY SPECIAL MAN

CHRISTOPHER BRASHER

THE tragic death of Eric Beard, of Leeds A.C., in a car accident was briefly reported in the last newsletter. He had attended the 100 mile race at Walton at the end of October with an eye to his own 24-hour run for charity which was to have taken place in Liverpool during November. While at Walton he spoke of his new interest in journey runs, which he wrote up and sent us shortly before his death.

An account of his career as a cross country and road runner, and how he became interested in fell running and mountaineering generally, was published in the newsletter No. 62.

Chris Brasher has kindly given us permission to publish the following tribute which he wrote for the "Observer."

"Eric Beard died last week as the result of a car crash on the M6 when he was returning from the Lake District. He was neither a great climber nor a great skier, but was one of the greatest practitioners of that esoteric sport, long distance fell running.

Among other records he holds, or has held, are those for the Welsh Three Thousanders (5hr. 19min.), the Skye Ridge (4hr. 9min.), the four Cairngorm tops (4hr. 41min.) and the incredible Lakeland 24-hour run (56 summits).

But that would hardly be sufficient reason for his obituary to appear in a national newspaper.

The reason that I write about him is simple. He was a very special man: the simplest, kindest, most unselfish man that I have ever met; a hard man, yet hard only on himself; a man whose death diminishes everyone who knew him.

He was 38 years old when he died towards the end of an incredible year which was to culminate in a 24-hour track run in aid of the "Save the Children Fund"—a project typical of the man.

Beard had little education, and no formal qualifications whatsoever, except for the greatest qualification of all—the ability to make people, especially children, happy when in his company.

He was a Yorkshireman, born in Leeds, left school at 15 weighing 5 stone 11 lbs., and only 5ft. high. He had a variety of jobs—office boy, trainee salesman, conductor on the Leeds trams, greenkeeper at a golf club.

It was not until he was 26 that he discovered what he would like to do. He had become, through the influence of the driver of his tram, more and more keen on distance running.

But at Easter, 1958, while competing in the Doncaster to Sheffield marathon, he got a stress fracture of his fibula. As part of his campaign to strengthen his leg, he went into the hills—to Snowdonia first and then, on impulse, to Chamonix.

"When I saw the big hills covered in snow I got the bug—the wanderlust."

And a wanderer in the hills he became for the rest of his life. He worked for varying periods, in outdoor pursuits centres in Wales and Scotland, stoking boilers, as a general factotum, as temporary instructor.

### ENOUGH

Without some teaching qualifications he could not become a permanent instructor and, as a result, this branch of the teaching profession lost a teacher who was in a class of his own.

I have seen him lead a party of schoolchildren back to base after a terrible night out in the Cairngorms, and all the children were smiling. He had the simplicity, the same excitement about life, as a child. Two years ago he seemed to have lost his way in life. He had a cartilage removed from his knee, and it was still troubling him. The hills were denied him and one sensed a worry about his future.

But then Frith Finlayson, the ski master of Aviemore, employed him to teach children the basics of ski-ing at week-ends. It was good money for four months of the year, and that was enough to keep Beardie for the whole year.

I once asked him how much he needed to live on. He did not know exactly, but it was a very small amount. "I don't drink, I don't smoke, I haven't got a car or a house, just my skis, my climbing gear, my running gear, a tent and a rucksack." That, and the hills, was enough for him.

He stayed with me a month ago, having run from Leeds to Downing Street in aid of the Save the Children Fund. He knew that physically he had never been fitter.

In the last six months he had run from the summit of Ben Nevis, via Scafell, to Snowdon; from John o' Groats to Land's End; across the roof of Wales north to south.

He sat on the sofa and talked about all the hills he had never seen, and wondered how on earth he had managed in all his 38 years to have missed the north-west coast of Scotland.

We made plans for the Pennine Way, and laughed at the way the scientists had now discovered that a high carbohydrate diet was the best for long distances. We laughed because Beardie is known throughout the climbing world for his insatiable appetite for "honey butties," and mugs of tea half filled with sugar.

His quality is hard to convey, for it was the quality of a great human being: an utterly reliable man, a happy man, a man concerned with others."

## ANNUAL GENERAL MEETING

Notice is hereby given that the eighteenth Annual General Meeting of the Road Runners Club will be held at Bowater House, Knightsbridge, London, S.W.1 (near Knightsbridge Underground Station, exit north side) by kind permission of the Directors of Bowater Paper Corporation, on Monday, 18th May, 1970, at 6.30 p.m.

### AGENDA

1. To confirm the Minutes of the Annual General Meeting held on Tuesday, 27th May, 1969.
2. To receive the report of the Council.
3. To receive and adopt the Accounts and Balance Sheet for the year ended 31st March, 1970.
4. To elect Officers for the ensuing year.
5. To elect Vice-Presidents.
6. To elect ordinary members of Council.
7. To elect Hon. Auditors.
8. Any other business.

Nominations should be sent to Peter Goodsell, 10 Honeywood Road, Colchester, Essex, by 4th May, 1970.



## 1969 STANDARDS, RESULTS AND RECORDS

**STANDARD CERTIFICATES.** We are again indebted to Brian Nott for dealing with the award of certificates. The application forms on which members enter their performances have been distributed with the newsletter.

If you think you have qualified for a standard certificate you should send your performances to Brian Nott, 3 Salisbury Court, Salisbury Road, Wimbledon, London, S.W.19, after carefully reading the conditions of the awards.

There are four classes of certificate, 1st class, 2nd class, Veterans over 40 and Veterans over 50.

The 1969 certificates will be awarded for three performances between 1st November, 1968, and 31st October, 1969, of the required standard at three qualifying distances of the athlete's own choice.

The standard distances and qualifying times are:—

	First class	Second class and 40 Veterans	50 Veterans
10 miles	55 mins.	1 hr. 3 mins.	1 hr. 10 mins.
15 miles	1 hr. 26 mins.	1 hr. 40 mins.	1 hr. 50 mins.
20 miles	1 hr. 58 mins.	2 hrs. 20 mins.	2 hrs. 30 mins.
Marathon	2 hrs. 40 mins.	3 hrs. 10 mins.	3 hrs. 25 mins.
30 miles	3 hrs. 15 mins.	3 hrs. 50 mins.	4 hrs. 10 mins.
L. to B.	6 hrs. 25 mins.	7 hrs. 20 mins.	8 hrs. 0 mins.

The category of a race at an odd distance is that of the nearest exact distance, i.e., a race of 12 miles counts as a 10 miler, and the Morpeth 13½ mile race is in the 15 mile class.

The standards for each race have been calculated for the exact distance of the race, and a special allowance added when the hilliness of the course justifies this; i.e., the standards for the Isle of Wight marathon are four minutes more than those for a marathon held over a flattish course.

The distance of a road course has to be accurately measured before the event is included for the award of standard certificates; this guarantees the authenticity of the performance. The majority of road courses over 10 miles in England, Wales and Northern Ireland and three in Scotland have been vetted in this respect, and meet the required standard of measurement.

Examples of qualifying performances are, one at 10 miles, one at 15 miles and one marathon, or one at 20 miles, one 30 miles and one L.-B., but not three performances at say 10 miles or two at 20 miles plus one marathon. The possibilities are many.

Performances count from the date of election to the R.R.C. The two classes of veterans qualify on their 40th and 50th birthdays respectively.

R.R.C. standard certificates of each class are awarded once only; you can, of course, win a first class certificate, having won a second class certificate in a previous year.

The organisers of road races are requested to let us know of any alterations in their courses so that the standards can be adjusted accordingly.

Road alterations, roundabouts in particular, can make appreciable differences. **Awards.** Congratulations to all those who have won certificates. Additional awards for 1969, if any occur, will be published in the next newsletter.

**Results.** Brian Nott has again compiled the results of long distance races of 10 miles and over during the past year, and these provide a permanent record of our sport. This list includes some 14 races which have not yet been accepted for the award of standard certificates.

**Track Records.** The long distance track records consist of those up to distances of 30 km., recognised by the International Amateur Athletic Federation as world records, and those recognised by the Amateur Athletic Association as United Kingdom All-comers and United Kingdom National records, also up to 30 km.

Records at distances over 30 km. are R.R.C. records, and authenticated by the R.R.C. when the conditions required by the I.A.A.F. or the A.A.A. have been fulfilled. The R.R.C. records are known as "world best performances" to avoid confusion with the I.A.A.F. and A.A.A. records.

It is important, therefore, that the organisers of long distance track races should study the A.A.A. or I.A.A.F. rules, especially if a record is possible. These are given in the handbooks of both bodies. The conduct of these long distance races does not differ from that given for any race of 3 miles and 5,000 metres

The R.R.C. is willing to give advice on the organisation of these events when asked.

During the past year, performances by Jeff Julian in New Zealand at 30 and 40 miles were accepted as world best performances, and later in the year Alastair Wood's times in Scotland were accepted as the world best performance. U.K. All-comers and U.K. National records for 40 miles. Unfortunately, an application on behalf of Dave Box for the world best performance for 100 miles could not be accepted as no record of the lap times, as stipulated in the rules of competition, were forthcoming, such a record being the only categorical proof that the distance was covered.

One point we would like to draw attention to is that tracks in the U.K. may be converted from 440 yards to 400 metres. This should be checked.

**Ranking Lists.** The British marathon ranking which hitherto listed the fastest fifty, has been extended this year to name all those who ran the marathon faster than 2 hours 41 minutes during the year.

The ranking lists of the long distance track events cover all such events, but in lesser depth. It is anticipated that lists in greater depth will be published in 1971. As a result of the lists published last year, a few omissions have been reported. If you know of any others please let us know.

A performance of 2-16-6, credited to Mike Rowlands at Skörde, in Sweden, has not been included in the marathon ranking list (see Road Running Round the World).

## 1969 STANDARD CERTIFICATES

### FIRST CLASS

D. Bendy (Leamington A.C.)	M. K. Casse (Wycombe Phoenix H.)
D. Edwards (Medway A.C.)	J. P. Egerton City of Stoke A.C.)
B. J. Flanagan (Bristol A.C.)	H. J. Gray (Hull Harriers)
P. Hampton (R.N.A.C. (S))	B. A. Hicks (Met. Police A.C.)
D. Horsup (Thurrock H.)	P. J. Jones (Pembroke A.C.)
A. B. Keith (Huntingdon A.C.)	W. Lambert (Longwood Harriers)
J. Love (Kettering Town H.)	D. C. Makin (Bingley Harriers)
W. Preston (R.N.A.C. (S))	R. G. Proffit (City of Plymouth)
W. G. Pryce (Cardiff A.C.)	B. Simms (Leigh H. & A.C.)
W. J. W. Stoddart	R. Tristram (Airedale & S.V.)
Grennock Wellpark H.)	
J. A. Walsh (Derby & County)	

### SECOND CLASS

R. A. Allen (Woking A.C.)	C. Brothers (Hereford & County)
J. Forrest (Ranelagh H.)	M. G. Hampton (Blackheath H.)
R. Little (Watford H.)	C. J. Lucas (Newport Harriers)
A. E. Mansley (Sefton H.)	R. M. Munt (Orion Harriers)
D. O'Leary (Manchester Y.M.C.A.)	J. Pouncy (Woking A.C.)
R. Phipps (Coventry Godiva)	A. J. Smith (Aldershot Farnham)
B. L. Roberts (Birchfield H.)	
D. K. Trow (Belgrave H.)	

### VETERANS 40-50

S. R. Jackson (Bristol A.C.)	K. A. Mackay (Preston Harriers)
C. B. Todd (Met. Police A.C.)	

### VETERANS 50

R. Mathieson (Longwood Harriers)
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## R.C.C. Standards

	1st class		2nd class and		50 veterans	
	hrs.	mins.	hrs.	mins.	hrs.	mins.
A.A.A. Track 10 (& others) (16.093 km.)	55		1	3	1	10
Ballyclare 10	55		1	3	1	10
Basildon 10m. 250 yds. (16.321 km.)	56		1	4	1	11
Birchfield 10	55		1	3	1	10
Brampton-Carlisle 10 (Border 10)	55		1	3	1	10
Brookmans Park 10	55		1	3	1	10
Bracknell 10m. 392 yds. (16.451 km.)	56		1	4	1	11
Billingham 10½ (16.9 km.)	57		1	5	1	12
Bristol Aero 10m. 300 yds. (16.367 km.)	56		1	4	1	10
Burnsall 10m. 150 yds. (16.230 km.)	56		1	4	1	10
Cambridgeshire 10	55		1	3	1	10
Courage 10 (Herne Hill)	56		1	4	1	11
Coventry College 10	55		1	3	1	10
Crosland 10	55		1	3	1	10
Croxdale 10	56		1	4	1	11
Chigwell 10m. 300 yds. (16.367 km.)	57		1	5	1	12
Derwentwater 10	55		1	3	1	10
Eccles 10m. 310 yds. (16.377 km.)	56		1	4	1	11
Epsom 10	55		1	3	1	10
Ernest Harper 10 (Sheffield)	56		1	4	1	11
Greenwich 11m. 142 yds (17.833 km.)	1	1	1	10	1	18
Hampstead 10	55		1	3	1	10
Heckington 10	55		1	3	1	10
Holbeach 10	55		1	3	1	10
Horsham 10	55		1	3	1	10
Hull 10	55		1	3	1	10
Ipswich 10	55		1	3	1	10
Longwood 10	55		1	3	1	10
Macclesfield 10	55		1	3	1	10
Maidenhead 10m. 715 yds. (16.745 km.)	58		1	6	1	14
Mildenhall 10	55		1	3	1	10
Newport 10	55		1	3	1	10
North Wales 10	55		1	3	1	10
Nuneaton 10	55		1	3	1	10
Plymouth 10	55		1	3	1	10
Pressed Steel (Cowley 10)	55		1	3	1	10
Redhill 10m. 1100 yds. (17.099 km.)	59		1	7	1	14
Ripon 10	55		1	3	1	10
Roundhay (Leeds)	56		1	4	1	11
Scunthorpe 10m. 274 yds. (16.344 km.)	56		1	4	1	11
Shaftesbury 10	55		1	3	1	10
Southall 10m. 682 yds. (16.717 km.)	57		1	5	1	12
Stevenage 10	55		1	3	1	10
Thames Valley Police (Reading) 10	55		1	3	1	10
Thanet 10	55		1	3	1	10
Thurrock 10	55		1	3	1	10
Tonbridge 10	55		1	3	1	10
Totton 10	55		1	3	1	10
Walton 10	55		1	3	1	10
Weymouth 10m. 528 yds. (16.576 km.)	57		1	5	1	12
Worcester 10m. 200 yds. (16.276 km.)	56		1	4	1	11
Wrekin 10m. 352 yds. (16.415 km.)	57		1	5	1	12
Yeovil 10	55		1	3	1	10
Hull 12	1	8	1	17	1	27
Bedford-St. Neots 12m. 520 yds.	1	10	1	19	1	28

	1st class		2nd class and		50 veterans	
	hrs.	mins.	hrs.	mins.	hrs.	mins.
Chelmsford Half Marathon (21.1 km.)	1	14	1	26	1	34
Freckleton Half Marathon	1	14	1	26	1	34
Hames Half Marathon	1	14	1	26	1	34
Romford Half Marathon	1	14	1	26	1	34
Welwyn Half Marathon	1	15	1	27	1	35
Morpeth-Newcastle 13m. 867 yds. (21.715 km.)	1	16	1	28	1	36
Mitcheldean 14 (22.531 km.)	1	20	1	32	1	41
Birchfield 14m. 686 yds. (23.159 km.)	1	23	1	37	1	47
Bath 15	1	26	1	40	1	50
Norfolk 15 (Diss)	1	26	1	40	1	50
Ericsson (Notts.) 15 (24.140 km.)	1	26	1	40	1	50
Friary 15 (Guildford)	1	26	1	40	1	50
Middleton 15m. 150 yds. (24.277 km.)	1	27	1	41	1	51
Mitcham 15m. 1305 yds. (25.334 km.)	1	30	1	44	1	54
Nomads 15 (Belfast)	1	26	1	40	1	50
Paignton 14m. 1580 yds. (23.975 km.)	1	29	1	43	1	53
Port Sunlight 15 (Bebington)	1	26	1	40	1	50
Sale 15	1	26	1	40	1	50
Suncharm (Holmfrith) 15	1	26	1	40	1	50
Wigmore 15	1	29	1	43	1	53
Wordsley 15	1	26	1	40	1	50
Chichester-Portsmouth 15m. 1500 yds. (25.512 km.)	1	31	1	46	1	56
Halesowen 16m. 200 yds. (25.933 km.)	1	32	1	46	1	56
Balbriggan-Dublin 20 (32.187 km.)	1	58	2	20	2	30
Belgrave 20	2	0	2	22	2	32
Finchley 20	1	58	2	20	2	30
Hereford 20	1	58	2	20	2	30
Hull 20	1	58	2	20	2	30
Inter-County 20 (Battersea Park)	1	58	2	20	2	30
Kent 20 (Hayes)	1	58	2	20	2	30
Pembroke 20	1	58	2	20	2	30
Surrey 20 (Reigate)	1	58	2	20	2	30
Sussex 19½ (Steyping)	1	56	2	18	2	28
Radcliffe 21m. 1350 yds. (35.031 km.)	2	7	2	30	2	40
Beverley Marathon (42.195 km.)	2	41	3	13	3	26
Harlow Marathon	2	40	3	10	3	25
Huddersfield Marathon	2	40	3	10	3	25
Isle of Wight Marathon	2	44	3	14	3	29
Maxol-A.A.A.-R.R.C. Marathon (Manchester)	2	40	3	10	3	25
Midland Marathon (Rugby)	2	40	3	10	3	25
Morecombe Marathon (Milk)	2	40	3	10	3	25
Northern Ireland Marathon	2	40	3	10	3	25
Polytechnic Marathon	2	40	3	10	3	25
Shettleston Marathon	2	40	3	10	3	25
Scottish Marathon	2	40	3	10	3	25
Welsh Marathon (Cymbran)	2	42	3	12	3	27
Feltham Marathon	2	40	3	10	3	25
S.L.H. 30m. 616 yds. (48.842 km.)	3	15	3	50	4	10
Two Bridges Race 36 miles 158 yds.	4	5	4	46	5	15
Woodford-Southend 36½m.	4	4	4	44	5	14
Isle of Man 39½m. (63.6 km.)	4	40	5	25	5	50
Liverpool-Blackpool 48½m. (78.0 km.)	5	45	6	35	7	10
London-Brighton 52m. 1173 yds. (84.49 km.)	6	25	7	20	8	0



## RESULTS, 1968-69

A.A.A. Track "10"	1, R. Hill 47.27, 2, R. Grove 47.28.2, 3, J. Caine 48.50.
A.A.A. Marathon	1, R. Hill 2.13.42(r), 2, D. Clayton 2.15.40, 3, J. Alder 2.18.18.
Ballyclare "10"	1, D. Graham 49.45, 2, M. Teer 50.53, 3, M. Edgar 51.47.
Balbriggan-Dublin "20"	1, 9th Old Boys, 2, Duncairn Nomads, 3, Co. Antrim.
Bebington "15"	1, M. Neville 1.46.12, 2, J. Sheridan 1.53.18, 3, S. Moriarty 1.54.41.
Belfast Half Marathon	1, D. Shelley 74.15, 2, G. Jordan 74.57, 3, N. Carrington 75.05.
Belgrave "20"	1, M. Teer 66.46, 2, R. Kernaghan 68.37, 3, R. Brown 68.56.
Billingham "10½"	1, Co. Antrim, 2, Ballydrain, 3, N. Belfast.
Billingham-Hartlepool "10"	1, J. Orton 1.45.45, 2, C. Wade 1.46.03, 3, G. Dance 1.46.35.
Bedford-St. Neots "12"	1, Belgrave, 2, Ranelagh, 3, T.V.H.
Birchfield "10"	1, C. Vaux 55.21, 2, J. Hillen 55.27, 3, D. Cox 56.16.
Border "10"	1, Saltwell, 2, Middlesbrough & Cleveland, 3, Morpeth.
Bracknell "10"	1, E. Pomfret 48.42, 2, J. Alder 49.17, 3, D. Camp 50.55.
Brookmans Park "10"	1, Morpeth, 2, Middlesbrough & Cleveland, 3, Heaton.
Bury & Radcliffe "21"	1, J. Caine 61.47, 2, J. Newcombe 63.56, 3, M. Laker 64.22.
Burnsall "10"	1, K. Boyden 50.17, 2, J. MacNamara 50.28, 3, J. Orton 50.57.
Cambridge "10"	1, Birchfield, 2, Tipton, 3, Leamington.
Cardiff "20"	1, J. Fewery 47.18, 2, M. Craven 47.29, 3, P. Morris 47.54.
Cardiff Lake "15"	1, Blackpool & Fylde, 2, Kendal, 3, Edinburgh South.
C.A.U. "20"	1, M. Tagg 49.52.2, 2, B. Watson 50.14, 3, M. Hyman 50.51.
Chelmsford Half Marathon	1, Portsmouth, 2, Windsor, 3, Verlea.
Chigwell "10"	1, C. Moxsom 52.23, 2, J. Comber 52.37, 3, A. Reavley 54.06.
	1, Ranelagh, 2, Mitcham, 3, Hillingdon.
	1, A. Byrne 1.55.57(r), 2, D. Jones 1.59.18, 3, P. Birks 1.59.24.
	1, City of Stoke, 2, Bolton, 3, Rochdale.
	1, J. Waterhouse 49.49, 2, A. Domleo 50.43, 3, J. Newsome 50.49.
	1, Derby & County, 2, Bingley, 3, Blackburn.
	1, A. Carr 50.48, 2, Graham Tuck 50.52, 3, W. Yale 51.32.
	1, Leamington, 2, Cambridge & Coleridge, 3, Ilford.
	1, M. Rowland and P. Darney 1.47.46, 3, W. Pryce 1.51.53.
	1, E. Austin 1.18.19, 2, P. Lonnen 1.19.26, 3, M. Rowland 1.20.11.
	1, W. Adcocks 1.39.38(r), 2, D. Holt 1.40.32, 3, A. Domleo 1.43.24.
	1, Surrey, 2, Kent, 3, Lancs.
	1, D. Horsup 68.05, 2, A. Reavley 69.55, 3, R. Howe 71.27.
	1, Blackheath, 2, T.V.H., 3, Havering.
	1, M. Edwards 49.51, 2, I. MacIntosh 50.26, 3, M. Quanne 51.34.
	1, Havering, 2, Shaftesbury, 3, Essex Beagles.

Chichester-Portsmouth "16"	1, D. Holt 1.24.15, 2, Gerry North 1.24.40, 3, C. Plumpton 1.24.44.
Cleckheaton "10"	1, Belgrave, 2, Reading, 3, Portsmouth.
Comrades Marathon	1, B. Ellis 50.21, 2, B. Fletcher 51.21, 3, B. Stacey 51.31.
Cornwall "10"	1, D. Bagshaw 5.45.35(r), 2, D. Box 5.57.57, 3, J. Meckler 6.01.30.
Courage "10"	1, T. Honeychurch 51.05, 2, P. Hampton 51.20, 3, D. Collins 52.13.
Coventry College "10"	1, City of Plymouth, 2, Paignton, 3, 3rd Light Infy.
Crosland "10"	1, R. Richardson 50.10, 2, F. Maillardet 51.55, 3, G. Taylor 52.06.
Croxdale "10"	1, Blackheath, 2, Cambridge H., 3, Leamington.
Derwentwater "10"	1, T. Wright 47.39(r), 2, W. Adcocks 48.28, 3, J. Wright 49.13.
East Hull "12"	1, Tipton, 2, Coventry Godiva, 3, Derby & County.
East Riding Marathon	1, A. Blinston 50.59, 2, J. Calvert 51.22, 3, S. Edmunds 52.08.
Duncain Nomads "15"	1, Sale, 2, City of Stoke, 3, Longwood.
Eccles "10"	1, J. Alder 51.03, 2, N. Rackham 51.37, 3, A. Matheson 51.45.
Epsom "10"	1, Heaton, 2, Morpeth, 3, Middlesbrough & Cleveland.
Ericsson "15"	1, C. Robinson 49.47, 2, J. Fewery 50.15, 3, P. Braithwaite 50.23.
Essex "20"	1, Blackpool & Fylde, 2, Sheffield Utd., 3, Bingley.
Exeter-Plymouth "44"	1, J. Short 62.52, 2, J. Newsome 63.11, 3, F. Lucop 66.04.
Feltham Marathon	1, Hull, 2, Wakefield, 3, Hull "B."
Finchley "20"	1, A. Moore 2.20.57, 2, D. Quinlan 2.21.23, 3, J. Newsome 2.23.31.
Freckleton Half Marathon	1, Longwood, 2, Wakefield, 3, Hull.
	1, D. Graham 76.50, 2, M. Teer 77.47, 3, R. Kernaghan 79.59.
	1, 9th Old Boy, 2, North Belfast, 3, Duncairn Nomads.
	1, M. Wood 50.37, 2, G. Lawson 51.23, 3, D. Blakeley 51.32.
	1, Manchester & D.L.C.H., 2, Salford, 3, Manchester Y.M.C.A.
	1, S. Badgery 50.55, 2, M. Gowan 51.05, 3, A. Domleo 51.19.
	1, Walton, 2, Aldershot Farnham, 3, 16th Para. Regt.
	1, R. Hill 1.16.17, 2, L. Carroll 1.17.03, 3, D. Rhodes 1.19.22.
	1, Derby & County, 2, City of Stoke, 3, Wakefield.
	1, D. Horsup 1.49.19, 2, M. Batty 1-50.57, 3, D. Staines 1.51.41.
	1, Thurrock, 2, Ilford, 3, Orion.
	1, J. Tarrant 4.48.16, 2, C. Hunt 4.58.31, 3, J. Lees 5.01.26.
	1, Paignton, 2, Cambridge H.
	1, A. Walsham 2.30.34, 2, D. Case 2.32.32, 3, R. Raymen 2.33.48.
	1, Reading, 2, 7th Para. Regt.
	1, T. Johnston 1.40.01(r), 2, A. Grant 1.45.02, 3, R. Cressy 1.46.02.
	1, Ealing & Southall, 2, Cambridge H., 3, Paignton.
	1, R. Hill 1.04.45, 2, J. Norman 1.06.18, 3, J. Fewery 1.06.24.
	1, Bolton Utd., 2, Blackpool & Fylde, 3, Altrincham.



Friary Meux "15" Guildford 1, R. Ingleton 78.20, 2, W. Weller 79.39, 3, R. McAndrew 80.52.  
 1, Portsmouth, 2, Hercules Wimbledon, 3, R.A.F. Colherne.  
 Greenwich "10" 1, R. Richardson and B. Watson 53.51, 3, G. Taylor 55.16.  
 1, Cambridge H., 2, Blackheath, 3, Blackheath "B."  
 Halesowen "16" 1, R. Grove 78.58, 2, H. Leeming 79.39, 3, A. Domleo 80.06.  
 1, Worcester Y.M.C.A., 2, Derby & Cty., 3, Tipton.  
 Hames Half Marathon 1, L. Mann 69.41, 2, R. Franklin 69.57, 3, T. Pailthorpe 70.17.  
 1, T.V.H., 2, Blackheath, 3, T.V.H. "B."  
 Hampstead "10" 1, M. Absolom 49.28, 2, J. O'Keefe 49.36, 3, I. MacIntosh 49.40.  
 1, T.V.H., 2, S.L.H., 3, Ranelagh.  
 Harlow Marathon 1, A. Wood 2.19.15, 2, G. Brockbank 2.19.22, 3, I. McMillan 2.20.34.  
 1, Derby & County, 2, Westbury, 3, Notts. A.C.  
 Ernest Harper "10" 1, R. Grove 51.53, 2, T. Wright 52.18, 3, P. Calladine 54.13.  
 1, Derby & Cty., 2, Hallamshire, 3, Derby & Cty. "B."  
 Heckington "10" 1, H. Leeming 49.58, 2, K. Lee 50.38, 3, D. Rhodes 50.42.  
 1, Derby & County, 2, Notts. A.C., 3, Plessey Beeston.  
 Hereford "20" 1, E. Austin 1.43.28, 2, H. Leeming 1.43.43, 3, A. Jenkins 1.46.12.  
 1, Worcester Y.M.C.A., 2, Derby & Cty., 3, Wolverhampton.  
 Herts. "10" 1, A. Reavley 51.26, 2, T. Slack 53.12, 3, E. Nolan 54.30.  
 1, South Herts., 2, Verlea, 3, Watford.  
 Highgate Marathon 1, J. Wight 2.24.28(r), 2, B. Allen 2.28.15, 3, D. Case 2.30.05.  
 1, Cambridge H.  
 Holbeach "10" 1, H. Leeming 50.29, 2, K. Lee 51.25, 3, D. Rhodes 51.26.  
 1, Derby & County, 2, Cambridge & Coleridge, 3, Norfolk Gazelles.  
 Horsham "10" 1, R. Richardson 50.54, 2, C. Plumpton 51.36, 3, D. Davies 52.00.  
 1, Blackheath, 2, T.V.H., 3, S.L.H.  
 Huddersfield & Northern Marathon 1, L. Carroll 2.17.12(r), 2, A. Walsham 2.26.17, 3, M. Frost 2.27.34.  
 Northern—Carroll, Frost, 3, A. White 2.35.00.  
 1, Longwood, 2, Leeds City, 3, Rotherham.  
 Hull "10" 1, M. Hall 51.37, 2, J. Newsome 52.15, 3, F. Lucop 52.51.  
 Hull "12" 1, J. Short, 62.52, 2, J. Newsome 63.11, 3, F. Lucop 66.4.  
 1, Hull, 2, Wakefield, 3, Hull "B."  
 Hull "20" 1, J. Newsome 1.45.05, 2, A. Spence 1.48.11, 3, G. Brockbank 1.48.28.  
 Ipswich "10" 1, M. Batty 49.19, 2, D. Plater 49.30, 3, A. Reavley 50.46.  
 1, Thurrock, 2, Ilford, 3, Norfolk Gazelles.  
 Isle of Man "40" 1, H. Mitchell 4.12.57, 2, J. Berry 4.32.22, 3, K. Haith 4.36.07.  
 1, Bolton United, 2, Derby & County.

Isle of Wight Marathon 1, P. Hampton 2.29.50, 2, R. Cressy 2.30.35, 3, D. Dellar 2.36.45.  
 1, R.N.A.C.(S), 2, Cambridge H., 3, Southampton.  
 Irish Marathon (B.L.E.) 1, M. Molloy 2.22.30(r), 2, D. Quinlan 2.24.57, 3, D. McDaid 2.28.33.  
 1, St. Finbarrs.  
 Kettering "10" 1, J. Harvey 49.18, 2, A. Toseland 51.03, 3, C. Simpson 51.14.  
 1, Kettering, 2, Warley, 3, Northampton.  
 Kent "20" 1, F. Maillardet 1.50.08.6, 2, G. Taylor 1.51.56.6, 3, A. Jones 1.54.49.  
 1, Cambridge H., 2, Medway, 3, Belgrave.  
 Leeds "10" 1, W. Adcocks 48.22.6(r), 2, T. Wright 48.45, 3, J. Waterhouse 49.40.  
 1, Coventry Godiva, 2, Bingley, 3, Wakefield.  
 Liverpool to Blackpool "48½" 1, C. Hunt 5.02.17, 2, G. Malpass 5.16.25, 3, K. Haith 5.22.01.  
 1, Cambridge H., 2, Bolton, 3, Tipton.  
 London to Brighton "52½" 1, D. Bagshaw 5.28.53, 2, T. Corbitt 5.37.11, 3, P. Hampton 5.42.16.  
 1, Savages A.C., 2, Tipton, 3, Epsom & Ewell.  
 Longwood "10" 1, R. Hill 49.16(r), 2, J. Waterhouse 50.12, 3, D. Atkin 50.37.  
 1, Manchester & D.L.C.H., 2, Bolton, 3, Airedale & S.V.  
 Maidenhead "10" 1, A. Rushmer 51.45, 2, R. Richardson 52.06, 3, A. Grant 53.22.  
 1, Belgrave, 2, Ranelagh, 3, Windsor, Slough & Eton.  
 Middlesex "20" 1, R. Cressy 1.46.02, 2, I. MacIntosh 1.47.56, 3, D. Case 1.48.52.  
 1, Ealing & Southall, 2, Hillingdon.  
 Middleton "15" 1, R. Proffit 1.20.08, 2, D. Yale 1.21.43, 3, D. Hopkinson 1.22.56.  
 1, Salford H.  
 Midland Track "10" 1, R. Grove 47.28.2, 2, D. Lem 50.12.8, 3, K. Angus 50.29.2.  
 Midland Marathon 1, R. Grove 2.23.03, 2, K. Boyden 2.23.39, 3, J. Newcombe 2.28.31.  
 Mildenhall "10" 1, M. Tagg 48.22, 2, M. Turner 48.35, 3, J. Comber 50.19.  
 1, Norfolk Gazelles, 2, Southgate, 3, Luton United.  
 Milk Marathon 1, E. Austin 2.21.40, 2, J. Newsome 2.24.26, 3, J. Craven 2.26.35.  
 Mitcheldean "14" 1, D. Francis 1.11.40, 2, M. Chandler 1.12.43, 3, J. Brandon 1.13.12.  
 1, Westbury, 2, Cardiff, 3, Coventry Godiva.  
 Mitcham "15" 1, B. Watson 78.32, 2, M. Edwards 78.42, 3, S. Badgery 78.49.  
 1, Cambridge H., 2, Derby & County, 3, T.V.H.  
 Morpeth-Newcastle "13½" 1, J. Alder 64.30(r), 2, J. Caine 65.57, 3, A. Blamire 66.03.  
 1, Morpeth, 2, Edinburgh S., 3, Middlesbrough & Cleveland.  
 Newport "10" 1, M. Rowland 49.15, 2, E. Austin 49.45, 3, D. Francis 49.51.  
 1, Cardiff, 2, Westbury, 3, Worcester Y.M.C.A.



Newport-Tredegar "22" 1, D. Francis 1.57.12(r), 2, B. Popel 2.00.00.  
 N. Ireland Marathon 1, M. Teer 2.17.37(r), 2, R. Newton 2.31.56, 3, R. Kirkland 2.32.15.

North Wales "10" 1, E. Williams 51.14, 2, T. Harper 51.15, 3, P. Challinor 54.15.

Norfolk "15" 1, M. Turner 1.19.07, 2, G. Taylor (Small Heath) 1.20.46, 3, J. Wigley 1.21.16.  
 1, Norfolk Gazelles, 2, Cambridge & Coleridge, 3, Ipswich.

Nuneaton "10" 1, E. Austin 49.45, 2, R. Wollaston 50.31, 3, P. Lancaster 50.53.

Paignton "15" 1, T. Honeychurch 1.23.10, 2, F. Oxlade 1.24.19, 3, G. Chase 1.26.14.  
 1, City of Plymouth, 2, Paignton, 3, Paignton "B."  
 P. Hampton was awarded first place after going off course in last mile with a good lead.

Pembroke "20" 1, R. Hill 1.44.52, 2, J. Balmer 1.45.06, 3, G. Lawson 1.46.23.  
 1, Bolton United, 2, Longwood, 3, Pembroke.

Plymouth "10" 1, T. Godolphin 51.17, 2, D. McFadzean 52.01, 3, T. Honeychurch 52.35.  
 1, Plymouth, 2, Paignton, 3, Exeter University.

Polytechnic & Southern Marathon 1, P. Hampton 2.25.22, 2, D. Holt 2.26.56, 3, I. MacIntosh 2.27.44.  
 Open Race: 1, Cambridge H., 2, Belgrave, 3, Thurrock.  
 Southern: 1, Thurrock, 2, Belgrave, 3, Cambridge H.

Pressed Steel "10" 1, D. Bedford 46.56, 2, M. Edwards 47.38, 3, J. Taylor 48.09.  
 1, Coventry Godiva, 2, A.E.I. Rugby, 3, Hillingdon.

Redcar "9" 1, J. Alder 43.08, 2, J. Waterhouse 43.28, 3, N. Rackham 44.14.  
 1, Bingley, 2, Morpeth, 3, Middlesbrough & Cleveland.

Redhill "10½" 1, K. Darlow 54.32, 2, R. Silney 55.07, 3, M. Weller 55.48.  
 1, Tonbridge, 2, 16th Para. Brigade, 3, Croydon.

Red Rose "20" 1, G. Brockbank 1.43.40(r), 2, C. Leigh 1.43.49, 3, D. Jones 1.44.12.  
 1, Bolton Utd., 2, Blackpool & Fylde, 3, Pembroke.

Ripon "10" 1, B. Ellis 51.20, 2, P. Braithwaite 52.54, 3, A. Spence 53.08.  
 1, Bingley.

R.R.C. Marathon 1, R. Hill 2.13.42(r), 2, D. Clayton 2.15.40, 3, J. Alder 2.18.18.  
 1, T.V.H., 2, R.N.A.C.(S), 3, Coventry Godiva.

Romford Half Marathon 1, F. Maillardet 68.10, 2, M. Batty 69.09, 3, G. Taylor 69.37.  
 1, Cambridge H., 2, Ilford, 3, Thurrock.

Rye "10" 1, R. Gevers 51.51(r), 2, I. Wilson 53.16, 3, G. Taylor 53.31.  
 1, S.L.H., 2, Blackheath, 3, Cambridge H.

Sale "15" 1, L. Carroll 77.07, 2, G. Brockbank 78.01, 3, K. Boyden 78.45.  
 1, City of Stoke, 2, Salford, 3, Bolton United.

S.L.H. "30" 1, J. Newsome 2.48.49(r), 2, A. Walsham 2.58.16, 3, C. Hunt 3.02.30.  
 1, Cambridge H.

Scott Memorial "10" 1, I. McCafferty 49.14, 2, L. Stewart 49.26, 3, R. Wedlock 49.38.  
 1, Shettleston, 2, Edinburgh S., 3, Aberdeen.

Scottish Marathon 1, W. Stoddart 2.27.25, 2, H. Mitchell 2.31.30, 3, P. Duffy 2.37.04.

Scottish Track "10" 1, J. Brennan 50.41.2, 2, W. Stoddart 50.55, 3, R. McKay 51.23.

Scunthorpe "10" 1, H. Leeming 51.59, 2, K. Hinton 53.43, 3, K. Northard 53.54.  
 1, Derby & Cty., 2, Wakefield, 3, R.A.F. Scrampton.

Shaftesbury "10" 1, W. Adcocks 48.18(r), 2, D. Bedford 48.54, 3, D. Horsup 50.33.  
 1, Shaftesbury, 2, Cambridge H., 3, Belgrave.

Shettleston Marathon 1, A. Keith 2.29.22, 2, J. Craven 2.29.39, 3, H. Mitchell 2.30.34.  
 1, Bellahouston.

Southall "10" 1, M. Barratt 51.14, 2, D. Horsup 51.50, 3, J. Comber 51.58.  
 1, Ealing & Southall, 2, Belgrave, 3, T.V.H.

Southdown "11" 1, R. Gevers 55.23, 2, I. Wilson 55.38, 3, J. Awcock 56.54.  
 1, Horsham Blue Star, 2, Blackheath, 3, Falmer Striders.

South Shields "10" (Short) 1, D. Quinlan 48.32.4, 2, N. Rackham 49.39, 3, G. Dance 49.47.  
 1, Longwood, 2, Heaton, 3, South Shields.

Stevenage "10" 1, A. Simmons 49.15, 2, I. MacIntosh 49.28, 3, D. Davies 49.38.  
 1, S.L.H., 2, Ranelagh, 3, Luton United.

Suncharm "15" 1, D. Atkin 76.55, 2, J. Newsome 78.06, 3, B. Stacey 79.18.  
 1, Longwood, 2, Wakefield, 3, Airedale & Spen Valley.

Surrey "20" 1, W. Weller 1.52.21, 2, M. Caudwell 1.53.23, 3, D. Goode 1.55.27.  
 1, Croydon.

Sussex "20" 1, K. Dale 1.58.16, 2, J. Syred 2.02.46, 3, J. Jolliffe 2.02.59.  
 1, Brighton & Hove, 2, Falmer Striders.

Thames Valley "10" 1, M. Edwards 49.58, 2, J. Comber 50.09, 3, R. Ingleton 50.28.  
 1, Portsmouth, 2, T.V.H., 3, Ealing & Southall.

Thanet "10" 1, I. McMillan 50.27(r), 2, I. Wilson 51.15, 3, R. Hayman 52.40.  
 1, Blackheath, 2, Medway, 3, Invicta.

Tanswell "10" 1, A. Domleo 50.58, 2, I. MacIntosh 51.37, 3, D. Horsup 51.49.  
 1, Belgrave, 2, T.V.H., 3, Thurrock.

Thurrock & Essex "10" 1, M. Turner 48.32(r), 2, M. Edwards 49.09, 3, J. MacNamara 49.18.  
 1, Thurrock, 2, Blackheath, 3, Havering.  
 Essex: 1, M. Batty 50.04, 2, D. Horsup 51.10, 3, T. Pailthorpe 51.15.  
 1, Thurrock, 2, Havering, 3, Ilford.

Tipton "12" 1, H. Leeming 60.17, 2, E. Austin 61.03, 3, K. Boyden 61.25.  
 1, Derby & County, 2, Worcester, 3, Tipton.

Totton "10" 1, C. Plumpton 50.19, 2, B. Allen 50.37, 3, T. Honeychurch 51.37.  
 1, Paignton, 2, Portsmouth, 3, Southampton.



Two Bridges "36"	1, A. Wood 3.27.28(r), 2, J. Wight 3.29.30, 3, H. Mitchell 3.31.31.
Walton "10"	1, Tipton "B," 2, Bolton United. 1, D. Faircloth 48.38, 2, D. Lem 48.48, 3, J. Roberts (Cambridge) 49.10. 1, Windsor, Slough & Eton, 2, T.V.H., 3, Walton.
Welsh Marathon	1, D. Davies 2.26.42, 2, R. Franklin 2.27.34, 3, I. Adams 2.40.34.
Welwyn Half Marathon	1, B. Collins 66.26, 2, G. Elmore 69.15, 3, P. Moore 69.19. 1, Horsham Blue Star, 2, Tipton, 3, Boro. of Enfield.
Weymouth "10"	1, D. Francis 50.40, 2, D. McFadzean 51.28, 3, B. Popel 51.38. 1, Westbury, 2, Paignton, 3, R.N.A.C.(S).
Wigmore "15"	1, A. Birks 80.17, 2, A. Jones 81.12, 3, R. Woolaston 81.45. 1, Wycombe Phoenix, 2, Met. Police, 3, R.N.A.C.(S).
Wimbledon "10"	1, M. Tagg 48.11(r), 2, D. Holt 48.13, 3, R. Holt 48.15. 1, Hercules Wimbledon, 2, Belgrave, 3, T.V.H.
Worcester "10"	1, A. Richards 50.05, 2, E. Austin 50.59, 3, J. Orton 51.35. 1, Worcester Y.M.C.A., 2, Tipton H., 3, Halesowen A.C.
Worthing "10"	1, P. Bennett 49.00(r), 2, R. Roseman 49.37, 3, J. Awcock 49.47. 1, Brighton & Hove, 2, Horsham Blue Star, 3, Brighton & Hove "B."
Woodford-Southend "36½"	1, M. Case 3.56.44, 2, G. Johnson 4.00.21, 3, K. Haith 4.04.53. 1, Tipton "B," 2, Cambridge H., 3, Tipton "A."
Yeovil "10"	1, D. Francis 50.19, 2, P. Hampton 50.29, 3, B. Popel 50.42. 1, Bristol, 2, Westbury, 3, Paignton.
Whittlesey Show "10"	1, H. Leeming 50.08, 2, D. Rhodes 50.24, 3, G. Lawrence 51.47. 1, Derby & County, 2, Leamington, 3, Notts. A.C.
Track "10" and One Hour Race, Leicester	1, R. Hill 46.44 (W.R.), 2, R. Grove 47.02, 3, J. Alder 47.29. 1, R. Hill 12 miles 1268 yards, 2, R. Grove 12 miles 1084 yards, 3, J. Alder 12 miles 972 yards.
One Hour Race at Ewell	1, M. Turner 12 miles 764 yards (48.18 at 10 miles).
Track 30 kms. at Bolton	1, R. Hill 92.32.2, 2, A. Holden 96.57, 3, G. Brockbank 97.10.
Track "40" at Ewell	1, A. Blatchford 4.15.49, 2, D. Funnell 4.21.11, 3, D. Turner 4.37.45.
Track "100" at Walton	1, J. Tarrant 12.31.10 (W.R.), 2, D. Box 13.01.43, 3, T. Corbitt 13.33.06.

## SELECTION OF ROAD RACE RECORDS

AS AT 31st DECEMBER, 1969

	Hrs.	Mins.	Secs.		
World Best Marathon	2	08	33.6	D. Clayton, Australia	1969
Olympic Marathon	2	12	11.2	B. Abebe, Ethiopia	1964
British Commonwealth	2	08	33.6	D. Clayton, Australia	1969
Commonwealth Games	2	21	17	B. Kilby, England	1962
European					
Championships	2	15	17	S. Popov, U.S.S.R.	1958
U.K. & European					
Best Marathon	2	10	47.8	W. Adcocks, Coventry Godiva	1968
A.A.A. Marathon	2	13	42	R. Hill, Bolton United	1969
Southern Marathon	2	14	28	L. Edelen, Hadleigh Oly.	1963
Midland Marathon	2	20	21.6	R. Grove, Leicester C.A.T.	1968
Northern Marathon	2	17	12	L. Carroll, Wirral A.C.	1969
Scottish Marathon	2	20	46	A. Wood, Aberdeen A.A.C.	1965
Welsh Marathon	2	26	12	R. Franklin, Tipton H.	1963
Eire Marathon	2	22	30	M. Molloy, Oughterard	1969
N. Ireland Marathon	2	17	37	M. Teer, N. Belfast	1969
Isle of Wight Marathon	2	26	44	J. Tarrant, Salford H.	1962
R.R.C. Marathon	2	13	42	R. Hill, Bolton Utd.	1969
Polytechnic Marathon	2	12	00	M. Shigematsu, Japan	1965
Harlow Marathon	2	18	24.8	M. Edwards, T.V.H.	1967
Inter County 20	1	39	38	W. Adcocks, Coventry Godiva	1969
Belgrave 20	1	39	47	G. Taylor, Cambridge H.	1966
Finchley 20	1	40	01	T. Johnston, Portsmouth	1969
Kent Open 20	1	43	08	G. Taylor, Cambridge H.	1966
Liverpool Pembroke 20	1	36	28	R. Hill, Bolton United	1968
Red Rose 20	1	43	40	G. Brockbank, M. & D.L.C.H.	1969
Southern 20	1	40	01	T. Johnston, Portsmouth	1969
Hull 20	1	43	30	M. Edwards, T.V.H.	1967
Chichester-					
Portsmouth 16	1	22	32	R. Roath, Walton A.C.	1962
Mitcham 15	1	18	11	W. Adcocks, Coventry Godiva	1968
Wigmore 15	1	17	13	B. Watson, Bournemouth	1967
Romford					
Half Marathon	1	05	16	M. Batty, Thurrock H.	1966
Hames Half Marathon	1	05	13.8	L. Edelen, Hadleigh Oly.	1963
Witney 12		58	47	E. Austin, Worcester	1964
Morpeth-Newcastle 13½	1	04	30	J. Alder, Morpeth H.	1969
Leeds Roundhay 10		48	22.6	W. Adcocks, Coventry Godiva	1969
Longwood 10		49	16	R. Hill, Bolton United	1969
Maidenhead 10		50	11	A. Rushmer, Tipton H.	1966
Shaftesbury 10		48	18	W. Adcocks, Coventry Godiva	1969
Walton 10		48	15	T. Johnston, Portsmouth	1966
Bristol Aero 10		51	22	C. Kirkham, Coventry Godiva	1968
Chigwell 10		49	51	M. Edwards, T.V.H.	1969
Herne Hill 10		49	00	G. Taylor, Cambridge H.	1967
Hereford to Ross 14	1	11	17	E. Austin, Worcester	1964
Bath 15	1	16	30	B. Collins, Surrey A.C.	1966
S.L.H. 30	2	48	49	J. Newsome, Wakefield H.	1969
Isle of Man T.T.	3	50	40	R. Linstead, Belgrave H.	1961
Isle of Man (New					
Course 40 miles)	4	11	24	J. Tarrant, Salford H.	1965
Edinburgh-Glasgow 45	4	39	55	H. Mitchell, Shettleston H.	1968
Exeter-Plymouth 44	4	44	32	J. Tarrant, Salford H.	1967
Liverpool-Blackpool 48½	4	55	40	J. Tarrant, Salford H.	1967
London-Brighton 52½	5	25	56	J. Mekler, Germiston Callies	1960
Comrades Marathon					
(Up)	5	56	32	J. Mekler, Germiston Callies	1960
(Down)	5	45	35	D. Bagshaw, Savages A.C.	1969
London to Box 100	12	18	16	R. Hopcroft, T.V.H.	1958



## BRITISH "TOP 50" 20 MILE PERFORMERS

1.39.38	Bill Adcocks	1.46.35	Bill Dance
1.40.1	Tim Johnston	1.46.41	Mike Chapman
1.40.32	Dave Holt	1.46.41	Barry Collins
1.43.24	Alan Domleo	1.46.43	Ken Baum
1.43.28	Eric Austin	1.46.52	T. Dwyer
1.43.39	Dennis Quinlan	1.46.56	Ian Macintosh
1.43.40	George Brockbank	1.47.7	Mel Batty
1.43.41	Mel Edwards	1.47.20	Alan Jones
1.43.43	Howard Lemming	1.47.29	Tony Reavley
1.43.49	Cyril Leigh	1.47.37	Steve Edmunds
1.44.12	David Jones	1.47.46	Paul Darney
1.44.23	Gerry North	1.47.46	Mike Rowland
1.44.46	Fred Maillardet	1.47.50	Nick Mandeville
1.44.52	Ron Hill	1.47.53	Wilfred Yale
1.45.2	John Balmer	1.47.59	Norman Rackham
1.45.2	Alan Grant	1.48.1	Trevor Honeychurch
1.45.5	John Newsome	1.48.11	David Nunn
1.45.12	Juan Taylor	1.48.11	Alan Spence
1.45.45	John Orton	1.48.12	Keith Darlow
1.45.59	Graham Taylor	1.48.13	Brian Popel
1.46.2	Roger Cressy	1.48.20	Richard Cooper
1.46.3	Chris Wade	1.48.25	Brian Cooke
1.46.12	Alastair Jenkins	1.48.28	Trevor Proctor
1.46.23	George Lawson	1.48.39	Roy Proffitt
1.46.29	Dennis Hopkinson	1.48.49	Dave Staines

## SUB 2-20 PERFORMANCES

Bill Adcocks	Marathon-Athens	2.11.7.2
Ron Hill	Fukuoka	2.11.54.4
Ron Hill	Maxol, A.A.A., R.R.C., Manchester	2.13.42
Tim Johnston	Karl Marx Stadt	2.15.31.2
Jim Alder	Antwerp	2.16.34.4
Ron Hill	Marathon-Athens (European)	2.16.47.8
Bob Moore	Fukuoka	2.16.53.6
Leo Carroll	Huddersfield	2.17.12
Donald McGregor	Kosice	2.17.33.2
Ron Grove	Antwerp	2.17.35.6
Mike Teer	Belfast	2.17.37
Chris Wade	Sweden	2.17.42
Chris Wade	Kosice	2.17.52
Jim Alder	Maxol, Manchester	2.18.18
Bob Moore	Toronto	2.18.55
Donald McGregor	Karl Marx Stadt	2.18.51
Jim Alder	Marathon-Athens (European)	2.19.5.8
Alastair Wood	Harlow	2.19.15
George Brockbank	Harlow	2.19.22

## LONG DISTANCE TRACK RECORDS

	World	U.K. Allcomers	U.K. National
10 miles	R. Hill 46.44.0 Leicester 9.11.68	R. Hill 46.44.0 Leicester 9.11.68	R. Hill 46.44.0 Leicester 9.11.68
20,000 metres	G. Roelants 58.6.2 Louvain 28.10.66	R. Hill 58.39.0 Leicester 9.11.68	R. Hill 58.39.0 Leicester 9.11.68
One Hour	G. Roelants 12 miles 1478 yards Louvain 28.10.66	R. Hill 12 miles 1268 yards Leicester 9.11.68	R. Hill 12 miles 1268 yards Leicester 9.11.68
15 miles	R. Hill 1.12.48.2 Bolton 21.7.65	R. Hill 1.12.48.2 Bolton 21.7.65	R. Hill 1.12.48.2 Bolton 21.7.65
25,000 metres	R. Hill 1.15.22.6 Bolton 21.7.65	R. Hill 1.15.22.6 Bolton 21.7.65	R. Hill 1.15.22.6 Bolton 21.7.65
30,000 metres	J. Hogan 1.32.25.4 Walton 12.11.66	J. Hogan 1.32.25.4 Walton 12.11.66	J. Hogan 1.32.25.4 Walton 12.11.66
20 miles	J. Alder 1.40.58.4 Walton 17.10.64	J. Alder 1.40.58.4 Walton 17.10.64	J. Alder 1.40.58.4 Walton 17.10.64
Two Hours	J. Alder 23 miles 1071 yards Walton 17.10.64	J. Alder 23 miles 1071 yards Walton 17.10.64	J. Alder 23 miles 1071 yards Walton 17.10.64
25 miles	E. Austin 2.10.48 Walton 19.10.68	E. Austin 2.10.48 Walton 19.10.68	E. Austin 2.10.48 Walton 19.10.68
30 miles	J. L. Julian 2.47.33 Auckland 3.5.69	F. Howe 2.48.8 Walton 19.10.63	F. Howe 2.48.8 Walton 19.10.63
40 miles	A. Wood 3.49.49 Pitreavie 13.12.69	A. Wood 3.49.49 Pitreavie 13.12.69	A. Wood 3.49.49 Pitreavie 13.12.69
50 miles	A. Phillips 5.12.40 Walton 15.10.66	A. Phillips 5.12.40 Walton 15.10.66	A. Phillips 5.12.40 Walton 15.10.66
100 miles	J. E. Tarrant 12.31.10 Walton 26.10.69	J. E. Tarrant 12.31.10 Walton 26.10.69	J. E. Tarrant 12.31.10 Walton 26.10.69
24 hours	W. Hayward 159 miles 540 yds. Motspur Park 20/21.11.53	W. Hayward 159 miles 540 yds. Motspur Park 20/21.11.53	D. Reynolds 154 miles 1226 yds. Motspur Park 20/21.11.53

## WORLD RANKING LISTS, TRACK

### 10 MILES (16.093 km.)

		mins.	secs.
R. Hill	Bolton United Harriers 1968	46	44.0*
R. Grove	Leicester College ..... 1968	47	2.0
R. Clarke	Australia ..... 1965	47	12.4*
M. Batty	Thurrock Harriers ..... 1964	47	26.8
J. Alder	Morpeth Harriers ..... 1968	47	29.0
F. Murray	Oxford University ..... 1967	47	45.2
B. Heatley	Coventry Godiva H. ... 1961	47	47.0*
M. Turner	Cambridge University ... 1967	47	51.4
W. Baillie	New Zealand ..... 1963	48	9.0
M. Freary	Bolton United Harriers 1965	48	11.4
	* World record		



20 KMS. (12 miles 752 yds.)			hr.	mins.	secs.
G. Roelants	Belgium	1966		58	6.2*
R. Hill	Bolton United Harriers	1968		58	39.0
R. Grove	Leicester College	1968		59	5.6
R. Clarke	Australia	1965		59	22.8*
W. Baillie	New Zealand	1963		59	28.6
M. Letzerich	West Germany	1966		59	49.6
E. Zatopek	Czechoslovakia	1951		59	51.8*
Mikityenko	U.S.S.R.	1969	1	0	5.2
L. Virkus	U.S.S.R.	1960	1	0	21.2
J. Wagnon	France	1969	1	0	39.4

ONE HOUR			km.	miles	yds.
G. Roelants	Belgium	1966	20.663	12	1478*
R. Hill	Bolton United Harriers	1968	20.471	12	1268
R. Grove	Leicester College	1968	20.303	12	1084
R. Clarke	Australia	1965	20.321	12	1006*
J. Alder	Morpeth Harriers	1968	20.200	12	972
W. Baillie	New Zealand	1963	20.189	12	960*
K. Tsuburaya	Japan	1963	20.083	12	843
M. Letzerich	West Germany	1966	20.066	12	825
E. Zatopek	Czechoslovakia	1951	20.052	12	810*
M. Turner	Liverpool Harriers	1969	20.011	12	764

15 MILES (24.140 km.)			hr.	mins.	secs.
R. Hill	Bolton United Harriers	1965	1	12	48.2*
T. Johnston	Portsmouth A.C.	1965	1	13	54.8
E. Zatopek	Czechoslovakia	1955	1	14	1.0*
F. Norris	Bolton United Harriers	1959	1	14	29.0
W. Baillie	New Zealand	1965	1	14	44.4
E. Austin	Worcester Harriers	1964	1	15	54.0
J. Alder	Morpeth Harriers	1964	1	15	55.0
B. Kilby	Coventry Godiva H.	1964	1	15	56.0
A. Magee	New Zealand	1963	1	15	46.6
R. Puckett	New Zealand	1964	1	16	15.2

25 KMS. (15 miles 940 yds.)			hr.	mins.	secs.
R. Hill	Bolton United Harriers	1965	1	15	22.6*
E. Zatopek	Czechoslovakia	1955	1	16	36.4*
T. Johnston	Portsmouth A.C.	1965	1	16	38.0
F. Norris	Bolton United Harriers	1959	1	17	13.0
W. Baillie	New Zealand	1965	1	17	22.4
I. Ivanov	U.S.S.R.	1955	1	17	34.0*
A. Ambu	Italy	1965	1	18	23.0
B. Kilby	Coventry Godiva H.	1961	1	18	37.0
D. Shelley	North Staffs. A.C.	1961	1	19	46.0
M. Hietanen	Finland	1947	1	20	14.0*

30 KMS. (18 miles 1108 yds)			hr.	mins.	secs.
J. Hogan	Walton A.C.	1966	1	32	25.4*
R. Hill	Bolton United Harriers	1969	1	32	32.2
T. Johnston	Portsmouth A.C.	1965	1	32	36.6*
J. Alder	Morpeth Harriers	1965	1	33	51.6
G. Taylor	Cambridge Harriers	1966	1	34	23.6
A. Vanderriessche	Belgium	1962	1	34	41.2*
A. Magee	New Zealand	1964	1	34	47.4
I. Ivanov	U.S.S.R.	1957	1	35	1.0*
A. Viskari	Finland	1956	1	35	3.6*
E. Zatopek	Czechoslovakia	1952	1	35	23.8*

20 MILES (32.187 km.)			hr.	mins.	secs.
J. Ader	Morpeth Harriers	1964	1	40	59*
E. Austin	Worcester Harriers	1964	1	42	7
F. Norris	Bolton United Harriers	1958	1	43	56*
J. Newsome	Wakefield Harriers	1968	1	44	20
E. Oksanen	Finland	1955	1	45	28*
B. Collins	Surrey A.C.	1968	1	45	29
G. Brockbank	Manchester D.L.C.H.	1968	1	46	8
J. Haslam	Bolton United Harriers	1964	1	47	45
J. Lancaster	Manchester A.C.	1955	1	47	53
J. Heywood	Herne Hill Harriers	1964	1	48	13

\* World best performance

TWO HOURS			km.	miles	yds.
J. Alder	Morpeth Harriers	1964	37.994	23	1071*
E. Austin	Worcester Harriers	1964	37.321	23	335
J. Newsome	Wakefield Harriers	1968	36.951	22	1690
F. Norris	Bolton United Harriers	1958	36.878	22	1610*
G. Brockbank	Manchester D.L.C.H.	1968	36.146	22	848
J. Lancaster	Manchester A.C.	1955	35.788	22	418*
G. Pirie	South London Harriers	1955	35.660	22	278
J. Heywood	Herne Hill Harriers	1955	35.564	22	174
J. Haslam	Bolton United Harriers	1964	35.547	22	155
S. Cox	Southgate Harriers	1955	35.503	22	107

25 MILES (40.234 km.)			hrs.	mins.	secs.
E. Austin	Worcester Harriers	1968	2	10	48*
J. Newsome	Wakefield Harriers	1968	2	11	6
G. Brockbank	Manchester D.C.L.H.	1968	2	14	24
B. Sawyer	Belgrave Harriers	1963	2	17	10*
F. Howe	Blackpool A.C.	1963	2	18	37
T. Rooke	Middlesbrough Harriers	1963	2	19	52
A. Swindlehurst	Liverpool Harriers	1968	2	20	26
A. Walsham	Salford Harriers	1968	2	21	4
J. Haslam	Bolton United Harriers	1963	2	21	15
E. Smith	Leeds Harehills Harriers	1956	2	21	19*

30 MILES (48.280 km.)			hrs.	mins.	secs.
J. Julian	New Zealand	1969	2	47	34
F. Howe	Blackpool A.C.	1963	2	48	8
A. Keily	Derby A.C.	1956	2	50	50
A. Wood	Aberdeen A.C.	1969	2	51	5
S. Taylor	Aberdeen A.C.	1969	2	51	5
J. Haslam	Bolton United Harriers	1963	2	52	29
R. Pape	Royal Navy A.C.	1956	2	54	45
L. Hughes	Newport Harriers	1967	2	56	18
C. Collis	Belgrave Harriers	1956	2	56	35
J. Mekler	South Africa	1946	2	57	48

40 MILES (64.374 km.)			hrs.	mins.	secs.
A. Wood	Aberdeen A.C.	1969	3	49	49*
J. Julian	New Zealand	1969	3	53	36*
L. Hughes	Newport Harriers	1967	3	58	54*
J. Tarrant	Salford Harriers	1966	4	3	28*
A. Phillips	Norfolk Gazelles	1966	4	4	9
G. Walsh	South Africa	1957	4	4	34*
A. Keily	Derby A.C.	1957	4	5	55
B. Gomersall	Leeds Harehills Harriers	1966	4	11	38
T. Malone	South Africa	1966	4	14	5
P. Bennett	Portsmouth A.C.	1967	4	14	12



50 MILES (80.467 km.)		hrs.	mins.	secs.	
A. Phillips	Norfolk Gazelles .....	1966	5	12	40*
G. Walsh	South Africa .....	1957	5	16	7*
R. Hopcroft	Thames Valley Harriers .....	1957	5	23	31
J. Julian	New Zealand .....	1969	5	24	26
J. Mekler	South Africa .....	1954	5	24	28
D. Reynolds	Blackheath Harriers .....	1952	5	30	23*
D. Turner	Epsom & Ewell Harriers .....	1960	5	32	10
B. Gomersall	Leeds Harehills Harriers .....	1966	5	33	21
T. Malone	South Africa .....	1966	5	34	55
J. Henning	Duncairn Nomads .....	1952	5	35	16

100 MILES (160.934 km.)		hrs.	mins.	secs.	
J. Tarrant	Salford Harriers .....	1969	12	31	10*
W. Hayward	South Africa .....	1953	12	46	34*
D. Box	South Africa .....	1969	13	1	43
T. Corbitt	U.S.A. ....	1969	13	33	6
D. Reynolds	Blackheath Harriers .....	1953	13	35	27
G. Bentley	Tipton Harriers .....	1969	14	38	7
D. Stephenson	New Zealand .....	1964	15	1	12

24 HOURS		km.	miles	yds.	
W. Hayward	South Africa .....	1953	256.400	159	562*
D. Reynolds	Blackheath Harriers .....	1953	248.960	154	1226

### BRITISH MARATHON RANKING

2.11.7.2	Bill Adcocks	2.30.34	Hugh Mitchell
2.11.54.4	Ron Hill	2.30.36	Mike Down
2.15.31.2	Tim Johnston	2.30.38	David Nunn
2.16.34.4	Jim Alder	2.30.54	Danny McFadzean
2.16.53.6	Bob Moore	2.31.1	Alex Wight
2.17.12	Leo Carroll	2.31.7	Gordon Eadie
2.17.33.2	Donald McGregor	2.31.20	Robert Tristram
2.17.35.5	Ron Grove	2.31.20	Paul Darney
2.17.37	Mike Teer	2.31.42	Trevor Proctor
2.17.42	Chris Wade	2.31.50	Dave Makin
2.19.15	Alastair Wood	2.32.11	Fred Maillardet
2.19.22	George Brockbank	2.32.37	Kenneth Lee
2.20.34	Ian Macmillan	2.32.44	Ronald Franklin
2.20.47	Alan Domleo	2.32.52	Peter Duffy
2.20.57	Tony Moore	2.33.12	Alastair Matson
2.21.23	Dennis Quinlan	2.33.43	Norman Carrington
2.21.40	Eric Austin	2.33.43	Mike Prosser
2.21.42	Howard Leeming	2.33.47	M. Buckham
2.21.43	John Fewery	2.33.48	Robert Rayman
2.22.47	Ray Will	2.33.58	Trevor Honeychurch
2.22.58	Jim Hogan	2.34.27	Edward Nolan
2.23.31	John Newsome	2.34.30	Brian Quinlan
2.23.39	Keith Boydon	2.34.30	P. Jones
2.23.41	Michael Childs	2.34.39	Graham Taylor
2.23.44	Ian Macintosh	2.34.52	Brian Flanagan
2.23.46	Philip Hampton	2.35.0	Anthony White
2.23.58	Joseph Clare	2.35.25	David Staines
2.24.0	Mike Willis	2.35.57	D. Prior
2.24.6	Tim Godolphin	2.35.58	Robert Moore
2.24.28	James Wight	2.36.2	P. Chivers

2.24.32.2	Derek Horsup	2.36.14	G. Williams
2.24.38	Donald Ritchie	2.36.19	Tony Swindlehurst
2.24.51	Martin Craven	2.36.29	Herbert Cooper
2.24.51	Mike Tagg	2.36.32	Colin Johnson
2.25.7	Brian Popel	2.36.36	Michael Nunn
2.25.28	Arthur Bradley	2.36.43	Donald Turner
2.25.31	Alan Grant	2.36.45	Dave Dellar
2.25.50	Bernie Allen	2.36.48	Mel Thorpe
2.25.50	Roger Cressy	2.36.52	James Irvine
2.26.12	Jeff Eley	2.36.58	N. Willis
2.26.15	James Mouat	2.36.59	Frank Lucop
2.26.17	Arthur Walsham	2.37.10	D. Brown
2.26.35	J. Craven	2.37.32	William McDonald
2.26.36	John Roberts	2.37.41	W. Carr
	(Cambridge & Coleridge)	2.37.59	Colin Robinson
2.26.42	Dai Davies	2.38.23	Nick Mandeville
2.26.56	Dave Holt	2.38.41	Chris Haines
2.27.25	Bill Stoddart	2.38.49	Tim Russell
2.27.34	Malcolm Frost	2.38.58	David Bendy
2.28.12	Allan Spence	2.39.6	Glyn Gough
2.28.22	Robert Calvert	2.39.30	P. Kilbey
2.28.31	John Newcombe	2.39.34	A. Matheson
2.28.37.2	Jeff Norman	2.39.39	John Berry
2.28.48	Geoff White	2.39.48	William Lambert
2.29.22	Alexander Keith	2.40.0	P. Waddington
2.29.22	Graham Astill	2.40.12	J. Adlington
2.29.33	David Rhodes	2.40.19	William Mitchell
2.29.48	Chris Steer	2.40.27	Robert Meadowcroft
2.29.50	Bernard Hercock	2.40.34	T. Adams
2.30.5	David Case	2.40.37	D. Vinicombe
2.30.11	Mel Edwards	2.40.45	T. Richardson
2.30.12	Geoff Harrold	2.40.46	A. Dodds
2.30.13	Trevor Hart	2.40.57	D. Bucke
2.30.20	Bob Ellis		
2.30.22	Jim Walsh		

### 1969 REVIEW

THERE has been no anti-climax in the International scene during 1969, following the Olympic year. Interest in International marathons has been sustained at a high level throughout the year, commencing with Bill Adcock's redoubtable win in April in Greece, when he beat all those who had finished in front of him in the Olympic marathon: right through until December, when a newcomer to the top ranks, Jerome Drayton appeared from Canada.

Interest never flagged from Boston, Karl Marx Stadt, Antwerp, Manchester, Enschede, Kosice, Fukuoka and for us in Britain, to the European Championship in Athens.

Derek Clayton reduced his own world best time for the marathon to 2 hours 8 minutes 33.6 seconds, and four of the fastest six marathons ever, were run during the year. Of the other two fastest, Bill Adcock's was run in December 1968, and the remaining one, Sasaki's was within the past two years.

Marathons, in addition to those of the Olympic Games, European Championships, etc., are truly established as important International events in their own right, and several new ones have appeared in recent years in countries in which the finance is forthcoming.



An important break-through took place in Britain when such an event, the Maxol Marathon, was held for the first time, and resulted in one of the great races of the year. This was possible with the sponsorship of W. H. Dean and Son Ltd. of Manchester.

British marathon runners, being amongst the best in the world, have been in considerable demand abroad, and have acquitted themselves accordingly. We will now record briefly the exploits of our leading exponents before surveying the phenomenal increase in all-round standards which has taken place during 1969.

Bill Adcocks and Jim Alder who ran in the Olympic Marathon, again represented Great Britain in the European Championships, but Tim Johnston who started the year with great promise, winning the Finchley 20 in a record time (1-40-1) and the Karl Marx Stadt marathon, against most of the leading European marathon men, sustained an injury in the Inter County 10,000 metres track Championships, which put him out of action for the remainder of the year.

Following his win in Greece, mentioned above, which was an addition to his long run of successes in 1968, Bill Adcocks won the Inter County 20 miles in record time (1-39-38), as well as two 10 mile races, but was below his best later in the year when the big races took place. He was however 5th, 3rd Briton in the Maxol, A.A.A., R.R.C. marathon in July.

It would be invidious to pick the World's No. 1 marathon runner of the year, and perhaps a valueless exercise, because marathon times are considerably affected by the weather, and what ultimately counts is who wins the big race.

Ron Hill, after an injury at the end of the cross country season which cost him a place in the English team, bided his time, and ran fast enough to retain his A.A.A. 10 mile track title for the fifth consecutive year, a remarkable feat. He won the Longwood 10 in record time, the Ericsson (Plessey) 15, the Pembroke 20, the Freckleton half marathon, and the Sutton 7. He decisively beat Derek Clayton in the Maxol marathon, and went on to notch another victory for Great Britain in the European Championship. He was just beaten by the up-and-coming Jerome Drayton of Canada in the Fukuoka marathon, right at the end of the year after he had eased up his training, although he ran his fastest marathon. He was called to duty at the White City to score points on the track in the U.S.A. match. He suffered supreme frustration in a 30 km. track race in the autumn when he could have "walked the world record."

Jim Alder, the Commonwealth champion, was handicapped by illness and injury during the year, but pulled out the big performance when it was most needed. Alder produced three big thirds, firstly to Clayton in Antwerp, then in the Manchester Maxol marathon, and finally in the European.

Both Hill and Alder ran three marathons inside 2 hours 20 minutes, and Adcocks ran one.

Before mentioning the other British competitors who have performed with distinction abroad during the year, attention is drawn to the marked increase in the all-round standard of performance which has taken place during the past year. This emphasises the achievements of those who have gained International selection. Whereas, in 1968, the fiftieth man in the ranking list had a time of 2-32-14, this time would have given him 75th place in the 1969 marathon ranking list. The fiftieth man in the 1969 ranking has a time of 2-28-22. Brian Nott has taken this year's list to a time of 2 hours 41 minutes, and no fewer than 127 names are included.

Reverting to "the top end of the scale," thirty-four men bettered 2 hours 25 minutes, as against twenty-four in 1968; thirteen did so in both years. It is interesting to note that of the thirty-four sub 2-25 men, only nine are named in the leading thirty-four 20 mile performers. This probably indicates that the top marathon men concentrate on their main objective, which is not surprising considering the effort required for present day performances, and the intensity of competition encountered.

Casting one's eye back a decade, to the voluminous statistics produced by Dave Roberts, we find that only seven British athletes had ever broken 2-25 for the marathon prior to 1960. All these performances, several by the fastest marathon in the world at the time, were achieved in the 1950's.

Reverting to International representatives, following the "big three" (all small men), Don McGregor was fifth at Karl Marx Stadt and second in the Kosice marathon to Demissie Wolde, brother of the Olympic champion.

John Newsome again won the Ultrava marathon in Prague, and had a string of impressive performances at home including second in the Morecombe (Milk) marathon, third in the Beverley marathon, three second places in road races at lesser distances, and a new record in the S.L.H. 30 with 2 hours 48 minutes 49 seconds for a course 616 yards over 30 miles and with a climb of 1,000 feet.

Ian Mackintosh was fifth Briton in the Maxol marathon, fourth at Enschede, and either second or third in six other road races in England, including third place in the Polytechnic marathon.

John Fewery, a surprise sixth in the Maxol marathon, and only just qualified by age to compete in marathons, was eighth in his first International at Enschede, and had a number of placings in Northern road races to his credit.

Ron Grove was fourth at Antwerp; at home he was just beaten by Ron Hill in the A.A.A. 10 mile track championship; he won the Midland marathon, the Halesowen 16 and the new "Ernest Harper" 10 mile race near Sheffield.

D. Horsup was fifth at Enschede, a race which again attracted a considerable number of entries from Great Britain, making the trip on their own initiative.

Another private venture abroad was that of the Royal Navy Athletic Club, who got a team to the Boston, and won the team race. Phil Hampton finished ninth in this classic, as well as winning the Isle of Wight marathon, and the Polytechnic marathon. Fourth in the Two Bridges race in Scotland, and third in the London to Brighton, he was perhaps not at his best at the end of this strenuous programme.

Another of our members who illustrates the increasing interest shown in continental road races, is Mike Rowland who won a half marathon in Luxembourg and a marathon in Sweden. Exchange of information on fixtures with the continent and vice versa is now more extensive.

A record of performances abroad would not be complete without reference to Bob Moore, of Longwood Harriers, who is expected to return home shortly from Canada. Amongst his numerous successes was fifth place in the Boston marathon.

Chris Wade, resident in Sweden, and the best marathon man in that country was third in the Kosice marathon.

Of the many other redoubtable competitors in the road scene, mention is made of Eric Austin who was either first or second in six road races from 10 miles to the marathon.

Leo Carroll won the Huddersfield marathon, and was second in the Plessey 15. Howard Lemming was either first or second in six road races up to 20 miles and had a 2-21 marathon to his credit.

Dennis Quinlan was fourth in the Inter Counties 20, and second in two marathons. Mel Edwards after a promising start was unable to break through into the top rank this year.

Of the relative newcomers, Alam Domleo, Dave Holt and George Brockbank catch the eye. Each have up to half-a-dozen placings to their credit, several in important races where the competition is the most severe.

Th former world 10 mile track record holder, Mel Batty, has been attempting a come-back, but the European champion of Budapest, Jim Hogan, now 36 years of age, has retired.



Mike Tagg, the National cross country champion, and runner-up in the European 10,000 metres championship, with other English cross country Internationals, Bob Richardson, Mike Turner, Trevor Wright and Dave Bedford, have mopped up quite a number of 10 mile road races between them.

Tagg tackled a marathon to see what it is like, and Mike Turner put his name into the world ranking list with ninth place, by running 12 miles 764 yards in the hour.

As to the ultra distances, mention has already been made of Phil Hampton, whose performances in these events has not been inconsiderable.

John Tarrant again won the Exeter to Plymouth race, but did not notch up a series of wins in these events as he did in 1968. He was out of the country most of the summer, and subsequently failed to finish in the Brighton race, but made a new record for 100 miles on the track in the autumn.

Scotsman Hugh Mitchell, second in the Scottish marathon, had an excellent series of runs, winning the Isle of Man, and being second in the Two Bridges, and fourth in the London to Brighton.

C. Hunt won the Liverpool to Blackpool, was third in the S.L.H. 30 and sixth in the Brighton.

Two expatriate Britons; Dave Bagshaw made a courageous attempt to break the Brighton record. He won the race however. Dave Box, also from South Africa, was eminent in the infrequently held 100 mile track event.

Forty miles on the track has received attention from two class runners, and performances at this distance are now becoming world class. Jeff Julian in Auckland was the first to reduce the existing record by over 5 minutes, breaking the previous best for 30 miles en route, and continuing to 50 miles.

In December in Scotland, Alastair Wood, who was fourth in the 1962 European marathon, and who is now 36 years old, beat Julian's 40 mile record with a time of 3 hours 49 minutes 49 seconds.

Casting an eye to the veterans before completing a review of a few of those who make up the road running scene, we note Ron Franklin, Ron Smith and Derek Funnell are still moving along to their goals. These three finished third, sixth and seventh in the International 25 km. veterans' race in Germany in which there were over four hundred starters. The winner was the Australian Commonwealth Games Marathon Champion of 1958, Dave Power in 1 hour 21 minutes 53 seconds.

The following clubs have been prominent in team awards throughout the year, Belgrave, Bingley, Blackheath, Bolton, Cambridge H., Coventry, Derby, Ilford, Longwood, Middlesbrough, Morpeth, Paignton, Ranelagh, Royal Navy, Thurrock, Tipton, T.V.H., Wakefield and Worcester.

The fixture list has not undergone any appreciable changes. There are plenty of clubs willing to promote road races, a few were not held during the year but have been replaced by others. The size of fields have been maintained, but in some areas a greater degree of co-operation between promoters would be welcome, to minimise clashing of dates.

Our sport is in a healthy and thriving state, unfortunately the number of licensed vehicles on the roads of Britain has doubled during the past decade, and the motor car is fast becoming a public menace in areas of high population.

## SUBSCRIPTIONS

ALL members, except those who have joined since 1st January, 1970, owe the annual subscription on 1st APRIL. This is still only 5/-, which only just covers the cost of the newsletter, and the insurance premium, so please be generous.

SUBSCRIPTIONS SHOULD BE SENT TO THE ASSISTANT HON. TREASURER AND REGISTRAR, REG JACOBS, 123 COXTIE GREEN ROAD, BRENTWOOD, ESSEX. **Not** to Geoff Pearson. He should also be informed of any permanent CHANGE OF ADDRESS.

Considerable trouble can be saved to all if you pay your subscription by Banker's Order. Reg Jacobs can send you details.

Those owing 3 years' subscriptions on 1st April have been deleted from membership.

## LIST OF OFFICERS

**President:** Gordon Doubleday, 48 Cambridge Avenue, New Malden, Surrey.  
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**Hon. Editor Newsletter, Counties and Overseas Hon. Secretary:** John Jewell, 296 Barkham Road, Wokingham, Berks. Tel.: Wokingham 306.

## BOSTON APPEAL

The excellent response to the fund, launched in January, to send Ron Hill to the Boston Marathon, has resulted in £170 being collected up to 11th April. This is more than adequate.

A list of contributors will be published in the next newsletter. Many thanks for your support.



# Rank Xerox 14 Mile Road Race

on **SATURDAY, 4th JULY, 1970**  
(under A.A.A. Laws)

start **3.30 p.m. from the Recreation  
Ground at Longhope, Glos.**

Awards for Individual, Team, Veteran  
and Novice—

Individual Prizes :

1st Value £10 10 0

2nd Value £5 5 0

3rd Value £4 4 0

Team Prizes :

1st team, Rank Xerox Challenge Cup  
to be held by the winning team for  
12 months, and three Medals

2nd & 3rd teams, sets of three medals

1st Veteran and 1st Novice,  
Value £4 4 0

**Team Race.** Clubs may enter up to six, three  
score. A Novice must not have been 1st, 2nd  
or 3rd in open competition from 10 to 14 miles.  
Veterans and Novices must state their eligi-  
bility on their entry forms. Novices entered,  
who win a prize in open competition after  
entry must declare this to the Chief Steward  
before the race.

**Closing date for Entries: 24th June**

Entry Fees: Individual 3/-, Teams 7/6

Entries on A.A.A. Forms with fees to:

**W. Brown, Sports & Social Club, Rank  
Xerox Ltd., Mitcheldean, Glos.**

## International Veterans Marathon

at  
**SKÖVDE, SWEDEN**

on **17th MAY, 1970**

Classes—**40-50, 50-60, over 60**

Free accommodation for two  
nights.

Dinner after the race.

Entry fee 25 Swedish crowns,  
30 crowns team. Every competi-  
tor must enter individually, on  
special form, obtained from—

**Veteranen-M 1970, S-54100**

**Skovde, Hertig Johana Gatan 10**

to be returned not later than  
**30th April**

**R.R.C. CLOTH BADGES 5/-**

**and LAPEL BADGES 3/6**

**R.R.C. TIES 15/-**

The splendid R.R.C. Ties are  
readily available.

May be obtained from:  
Geoffrey Pearson, 64 North Acre,  
Garratt's Lane, Banstead, Surrey.