

STÝLIANOS KYRIAKIDES 1910 - 1987



Boston 1946 – Winner in 2h : 29m : 27secs – world best time and European record

First runner to train by correspondence with his coach – 1933-34, 1935 and 1945-46

First runner to use individual hand stop watch for pace - 1934

First runner to use special warm up and stretching exercises before a race - 1935

First runner to use special diet - 1935

First runner to run for charity – Boston 1946

First non American/Canadian runner to win Boston – 1946

First foreign runner to be on a COMIC book - 1947

First runner to run for a special cause – Boston 1947

First foreign athlete to go in an American comic book – 1947